

Gravitational waves: theory and sources

Alessandra Buonanno

groupe de Gravitation et Cosmologie (GReCO)

Institut d'Astrophysique de Paris (CNRS)

Fédération de Recherche “Astroparticule et Cosmologie” (APC)

Lectures' content

Lecture 1:

- Einstein equations for weak gravitational fields
- Propagation of GWs: plane wave solution
- Interaction of GWs with free-falling particles
- local Lorentz gauge versus transverse traceless gauge

Lecture 2:

- GW energy-momentum (pseudo) tensor
- Quadrupolar wave generation in linearized Einstein theory
- Indirect detection of GWs: the Hulse-Taylor binary

Lectures' content

Lecture 3:

- **Angular distribution of GWs emitted by binaries**
- **Templates to be used in the search of GWs from compact binaries**
- **Extraction of cosmological parameters using binary black holes as standard candles**
- **How to test alternative theories of gravity using GWs**

On Thursday afternoon: Discussion/comments

Lectures' content

Lecture 4:

- **GWs from black-hole's and neutron-star's ring down**
- **GWs from pulsars, supernovae, low-mass X-ray binaries**
- **Galactic binaries, supermassive black holes, extreme mass ratio binaries**

Lecture 5 & 6:

- **GWs from the early Universe: typical frequencies and amplitudes**
- **Amplification of quantum-vacuum fluctuations**
- **Stochastic GW background from standard inflationary models**
- **Examples of stochastic GW background from non-standard inflation**
- **GWs from first order phase transitions and cosmic strings**

References

Landau-Lifshitz: *Teoria dei Campi*, **Chap. 11, 13**

B. Schutz: *A first course in general relativity*, **Chap. 8, 9**

S. Weinberg: *Gravitation and Cosmology*, **Chap. 7,10**

Misner-Thorne-Wheeler: *Gravitation*, **Chap. 8**

Course by Kip Thorne in 2002 at Caltech: Lectures 4, 5 & 6

Brief summary of Einstein equations

$$S = S_g + S_m$$

$$S_g = \frac{1}{16\pi G} \int d^4x \sqrt{-g} R - \frac{2}{\sqrt{-g}} \frac{\delta S_m}{\delta g^{\mu\nu}} = T_{\mu\nu}$$

$\eta_{\mu\nu} = (-, +, +, +)$ **with** $\mu, \nu = 0, 1, 2, 3$ **and** $i, j = 1, 2, 3$

by imposing the principle of minimal action

$$\int (G_{\mu\nu} - \frac{8\pi G}{c^4} T_{\mu\nu}) \delta g^{\mu\nu} \sqrt{-g} = 0$$

$$\Rightarrow G_{\mu\nu} = R_{\mu\nu} - \frac{1}{2} g_{\mu\nu} R = \frac{8\pi G}{c^4} T_{\mu\nu}$$

Brief summary of Einstein equations [continued]

$$R_{\mu\rho\sigma}^{\nu} = \frac{\partial\Gamma_{\mu\sigma}^{\nu}}{\partial x^{\rho}} - \frac{\partial\Gamma_{\mu\rho}^{\nu}}{\partial x^{\sigma}} + \Gamma_{\lambda\rho}^{\nu} \Gamma_{\mu\sigma}^{\lambda} - \Gamma_{\lambda\sigma}^{\nu} \Gamma_{\mu\rho}^{\lambda}$$

$$\Gamma_{\nu\rho}^{\mu} = \frac{1}{2}g^{\mu\lambda} \left(\frac{\partial g_{\lambda\nu}}{\partial x^{\rho}} + \frac{\partial g_{\lambda\rho}}{\partial x^{\nu}} - \frac{\partial g_{\rho\nu}}{\partial x^{\lambda}} \right)$$

more explicitly:

$$R_{\mu\nu\rho\sigma} = \frac{1}{2} \left(\frac{\partial^2 g_{\mu\sigma}}{\partial x^{\nu}\partial x^{\rho}} + \frac{\partial^2 g_{\nu\rho}}{\partial x^{\mu}\partial x^{\sigma}} - \frac{\partial^2 g_{\mu\rho}}{\partial x^{\nu}\partial x^{\sigma}} - \frac{\partial^2 g_{\nu\sigma}}{\partial x^{\mu}\partial x^{\rho}} \right) \\ + \frac{1}{2}g_{\lambda\alpha} \left(\Gamma_{\nu\rho}^{\lambda} \Gamma_{\mu\sigma}^{\alpha} - \Gamma_{\nu\sigma}^{\lambda} \Gamma_{\mu\rho}^{\alpha} \right)$$

Bianchi identity: $R_{\mu\nu\rho;\sigma}^{\lambda} + R_{\mu\sigma\nu;\rho}^{\lambda} + R_{\mu\rho\sigma;\nu}^{\lambda} = 0$

Brief summary of Einstein equations [continued]

Ricci tensor: $R_{\mu\nu} = g^{\rho\sigma} R_{\rho\mu\sigma\nu}$

Scalar tensor: $R = g^{\mu\nu} R_{\mu\nu}$

$$R_{\mu\nu} - \frac{1}{2}g_{\mu\nu}R = \frac{8\pi G}{c^4} T_{\mu\nu}$$

- Non-linear equations with well-posed initial value structure
- $4 \times 4 = 16$ differential equations, but $G_{\mu\nu}$ and $T_{\mu\nu}$ are symmetric tensors $\Rightarrow 10$ differential equations, but because of Bianchi identity $G_{\mu\nu}{}^{;\nu} = 0 \Rightarrow 6$ differential equations to be solved when $T_{\mu\nu}$ is given

Einstein equations for weak gravitational fields in flat spacetime

$$g_{\mu\nu} = \eta_{\mu\nu} + h_{\mu\nu}$$

$$R_{\mu\nu\rho\sigma} = \frac{1}{2} (h_{\mu\sigma,\nu\rho} + h_{\nu\rho,\mu\sigma} - h_{\mu\rho,\nu\sigma} - h_{\nu\sigma,\mu\rho}) + \mathcal{O}(|h|^2)$$

$$G_{\nu\sigma} = R_{\nu\sigma} - \frac{1}{2}\eta_{\nu\sigma} R =$$

$$\frac{1}{2} [h_{\mu\sigma,\nu}^{,\mu} + h_{\mu\nu,\sigma}^{,\mu} - h_{,\nu\sigma} - h_{\nu\sigma,\mu}^{,\mu} - \eta_{\nu\sigma} h_{\mu\alpha,\alpha}^{,\mu} + \eta_{\nu\sigma} h_{,\alpha}^{,\alpha} + \mathcal{O}(|h|^2)]$$

Lorentz gauge can always be imposed ...

$$x'^\mu = x^\mu + \xi^\mu$$

$$\bar{h}^{\mu\nu} = h^{\mu\nu} - \frac{1}{2}\eta^{\mu\nu} h$$

$$\bar{h}'^{\mu\nu} = \bar{h}^{\mu\nu} - \eta^{\mu\rho} \xi^{\nu}_{,\rho} - \eta^{\lambda\nu} \xi^{\mu}_{,\lambda} + \eta^{\mu\nu} \xi^{\rho}_{,\rho}$$

$$\bar{h}'^{\mu\nu}_{,\nu} = \bar{h}^{\mu\nu}_{,\nu} - \eta^{\lambda\nu} \xi^{\mu}_{,\lambda\nu}$$

$$\eta^{\lambda\nu} \xi^{\mu}_{,\lambda\nu} = \bar{h}^{\mu\nu}_{,\nu}$$

Imposing transverse-traceless gauge

We choose $\xi_\mu = \textcolor{blue}{B}_\mu e^{ik_\alpha x^\alpha}$ with $k_\alpha k^\alpha = 0$ ($\eta^{\rho\nu} \partial_\rho \partial_\nu \xi_\mu = 0$)

$$\mathcal{A}'_{\mu\nu} = \mathcal{A}_{\mu\nu} - i\textcolor{blue}{B}_\mu k_\nu - i\textcolor{blue}{B}_\nu k_\mu + i\eta_{\mu\nu} \textcolor{blue}{B}^\rho k_\rho$$

We impose:

1. $\mathcal{A}'_{\mu\nu} k^\nu = 0$
2. $\mathcal{A}'_{\mu\nu} \eta^{\mu\nu} = 0$
3. If U^ν is a constant timelike unit vector ($U_\nu U^\nu = -1$) we impose $\mathcal{A}'_{\mu\nu} U^\mu = 0$

This set of equations determine $\textcolor{blue}{B}_\mu$

Linearly and circularly polarized gravitational waves

- **Linearly polarized GW:**

$$\mathbf{e}_+ = \mathbf{e}_x \wedge \mathbf{e}_x - \mathbf{e}_y \wedge \mathbf{e}_y \quad \text{and} \quad \mathbf{e}_\times = \mathbf{e}_x \wedge \mathbf{e}_y + \mathbf{e}_y \wedge \mathbf{e}_x$$

$$(\mathbf{u} \wedge \mathbf{v})(\lambda, \mathbf{q}) = (\lambda \cdot \mathbf{u})(\mathbf{q} \cdot \mathbf{v})$$

- **Circularly polarized GW:**

$$\mathbf{e}_R = \mathbf{e}_+ + i\mathbf{e}_\times \quad \text{and} \quad \mathbf{e}_L = \mathbf{e}_+ - i\mathbf{e}_\times$$

Equation of geodesic deviation

Pair of nearby freely-falling particles traveling on trajectories $x^\mu(\tau)$ and $x^\mu(\tau) + \xi^\mu$

$$0 = \frac{d^2 x^\mu}{d\tau^2} + \Gamma_{\nu\lambda}^\mu \frac{dx^\mu}{d\tau} \frac{dx^\lambda}{d\tau}$$

$$0 = \frac{d^2(x^\mu + \xi^\mu)}{d\tau^2} + \Gamma_{\nu\lambda}^\mu (x + \xi) \frac{d(x^\mu + \xi^\mu)}{d\tau} \frac{d(x^\lambda + \xi^\lambda)}{d\tau}$$

Taking the difference and limiting to first order in ξ

$$\nabla_U \nabla_U \xi^\lambda = R_{\nu\mu\rho}^\lambda \xi^\mu U^\nu U^\rho \quad U^\alpha = \frac{dx^\alpha}{d\tau}$$

From TT gauge to local Lorentz gauge: non-static tidal potential

If \bar{x}^μ and $\bar{g}^{\mu\nu}$ refer to TT gauge ($h_{xy}^{\text{TT}} = 0, h_{xx}^{\text{TT}} \equiv h^{\text{TT}} \neq 0$):

$$\bar{g}^{\mu\nu} = \eta_{\mu\nu} + \begin{pmatrix} 0 & 0 & 0 & 0 \\ 0 & h^{\text{TT}} & 0 & 0 \\ 0 & 0 & -h^{\text{TT}} & 0 \\ 0 & 0 & 0 & 0 \end{pmatrix}$$

The local Lorentz metric $g_{\mu\nu}$ should reduce to Minkowski metric at the origin and all its first derivatives must vanish

$$\bar{t} = t - \dot{h}^{\text{TT}} (x^2 - y^2)/4$$

$$\bar{x} = x - h^{\text{TT}} x/2$$

$$\bar{y} = y + h^{\text{TT}} y/2$$

$$\bar{z} = z + \dot{h}^{\text{TT}} (x^2 - y^2)/4$$

$$g^{\mu\nu} = \eta_{\mu\nu} - 2 \begin{pmatrix} \Phi(t) & 0 & 0 & \Phi(t) \\ 0 & 0 & 0 & 0 \\ 0 & 0 & 0 & 0 \\ \Phi(t) & 0 & 0 & \Phi(t) \end{pmatrix}$$

$$\Phi(t) = -\frac{1}{4} \ddot{h}^{\text{TT}} (x^2 - y^2) \Rightarrow \frac{d^2 \xi^j}{dt^2} = -\frac{\partial^2 \Phi}{\partial x^j \partial x^k} \xi^k$$

GWs interacting with free-falling particles

- If the two particles are originally separated along x

$$\frac{\partial^2 \xi^x}{\partial^2 t} = \frac{L}{2} \frac{\partial^2 h_{xx}^{TT}}{\partial^2 t}$$

$$\frac{\partial^2 \xi^y}{\partial^2 t} = \frac{L}{2} \frac{\partial^2 h_{xy}^{TT}}{\partial^2 t}$$

- If the two particles are originally separated along y

$$\frac{\partial^2 \xi^x}{\partial^2 t} = \frac{L}{2} \frac{\partial^2 h_{xy}^{TT}}{\partial^2 t}$$

$$\frac{\partial^2 \xi^y}{\partial^2 t} = -\frac{L}{2} \frac{\partial^2 h_{xx}^{TT}}{\partial^2 t}$$

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Content of Lecture 2

- **Energy-momentum pseudo tensor**
- **Quadrupolar wave generation in linearized Einstein theory**
- **Indirect detection of GWs: the Hulse-Taylor binary**

Energy-momentum pseudotensor

$$g_{\mu\nu} = \eta_{\mu\nu} + h_{\mu\nu} \quad \text{with} \quad |h_{\mu\nu}| \ll 1$$

$$R_{\mu\nu}^{(1)} - \frac{1}{2}\eta_{\mu\nu} R^{(1)} = \frac{8\pi G}{c^4} (T_{\mu\nu} + \tau_{\mu\nu})$$

$$R_{\mu\nu}^{(1)} = -\frac{1}{2} \left(\frac{\partial^2 h_\lambda^\lambda}{\partial x^\mu \partial x^\nu} - \frac{\partial^2 h_\lambda^\lambda}{\partial x^\lambda \partial x^\nu} - \frac{\partial^2 h_\nu^\lambda}{\partial x^\lambda \partial x^\mu} + \frac{\partial^2 h_{\mu\nu}}{\partial x^\lambda \partial x_\lambda} \right)$$

$$\tau_{\mu\nu} = \frac{c^4}{8\pi G} \left(R_{\mu\nu} - \frac{1}{2}\eta_{\mu\nu} R - R_{\mu\nu}^{(1)} + \frac{1}{2}\eta_{\mu\nu} R^{(1)} \right)$$

$$t^{\nu\lambda} = \eta^{\nu\mu} \eta^{\lambda\alpha} (T_{\mu\alpha} + \tau_{\mu\alpha})$$

$t^{\mu\nu}$ is locally conserved $\Rightarrow t^{\mu\nu}_{,\nu} = 0$

[matter EMT satisfies $T^{\mu\nu}_{;\nu} = 0$]

Quadrupole nature of GW emission [naive way]

EM theory: Luminosity $\propto \ddot{\mathbf{d}}^2$ $\mathbf{d} = e \mathbf{x} \Rightarrow$ electric dipole moment

- GW theory: electric dipole moment \Rightarrow mass dipole moment

$$\mathbf{d} = \sum_i m_i \mathbf{x}_i \Rightarrow \dot{\mathbf{d}} = \sum_i m_i \dot{\mathbf{x}}_i = \mathbf{P}$$

Conservation of momentum \Rightarrow no mass dipole radiation exists in GR

- GW theory: magnetic dipole moment \Rightarrow current dipole moment

$$\mu = \sum_i m_i \mathbf{x}_i \times \dot{\mathbf{x}}_i = \mathbf{J}$$

Conservation of angular momentum \Rightarrow no current dipole radiation exists in GR

Derivation of quadrupole formula

$$\text{Eq. (1):} \quad \frac{\partial T_{0i}}{\partial x^i} - \frac{\partial T_{00}}{\partial x^0} = 0$$

$$\text{Eq. (2):} \quad \frac{\partial T_{ji}}{\partial x^i} - \frac{\partial T_{j0}}{\partial x^0} = 0$$

multiplying Eq. (2) by x^k and integrating on all space

$$\int x^k \frac{\partial T_{ji}}{\partial x^i} dV = \int x^k \frac{\partial T_{j0}}{\partial x^0} dV = \frac{\partial}{\partial x^0} \int x^k T_{j0} dV$$

integrating by parts the LHS and assuming that the source decays sufficiently fast at ∞

$$-\int T_{ji} \delta_i^k dV = \frac{\partial}{\partial x^0} \int x^k T_{j0} dV$$

$$\text{symmetrizing} \Rightarrow \int T_{kj} dV = -\frac{1}{2} \frac{\partial}{\partial x^0} \int (x_k T_{j0} + x_j T_{k0}) dV$$

Derivation of quadrupole formula [continued]

Eq. (1): $\frac{\partial T_{0i}}{\partial x^i} - \frac{\partial T_{00}}{\partial x^0} = 0$

Eq. (2): $\frac{\partial T_{ji}}{\partial x^i} - \frac{\partial T_{j0}}{\partial x^0} = 0$

multiplying Eq. (1) by $x_k x_j$ and integrating on all space

$$\frac{\partial}{\partial x^0} \int T_{00} x_k x_j dV = \int \frac{\partial T_{0i}}{\partial x^i} x_k x_j dV$$

integrating by parts the RHS and assuming that the source decays sufficiently fast at ∞

$$\frac{\partial}{\partial x^0} \int T_{00} x_k x_j dV = - \int (x_k T_{j0} + x_j T_{k0}) dV$$

combining $\Rightarrow \int T_{kj} dV = \frac{1}{2} \frac{\partial^2}{\partial x^{02}} \int T_{00} x_k x_j dV$

Derivation of quadrupole formula [continued]

Eq. (1): $\frac{\partial T_{0i}}{\partial x^i} - \frac{\partial T_{00}}{\partial x^0} = 0$

Eq. (2): $\frac{\partial T_{ji}}{\partial x^i} - \frac{\partial T_{j0}}{\partial x^0} = 0$

multiplying Eq. (1) by x_k and integrating on all space

$$\frac{\partial}{\partial x^0} \int T_{00} x_k dV = \int \frac{\partial T_{0i}}{\partial x^i} x_k dV$$

integrating by parts the RHS and assuming that the source decays sufficiently fast at ∞

$$\int T_{0k} dV = -\frac{\partial}{\partial x^0} \int T_{00} x_k dV$$

Total power radiated in GWs ...

$$2 \overline{\epsilon_{ij} \epsilon_{kl}} = 2 \frac{1}{4} \{ n_i n_j n_k n_l + n_i n_j \delta_{kl} + n_k n_l \delta_{ij} - \\ (n_i n_k \delta_{jl} + n_j n_k \delta_{il} + n_i n_l \delta_{jk} + n_j n_l \delta_{ik}) \\ - \delta_{ij} \delta_{kl} + \delta_{ik} \delta_{jl} + \delta_{jk} \delta_{il} \}$$

$$\overline{n_i n_j} = \frac{1}{3} \delta_{ij}$$

$$\overline{n_i n_j n_k n_l} = \frac{1}{5} (\delta_{ij} \delta_{kl} + \delta_{ik} \delta_{jl} + \delta_{il} \delta_{jk})$$

GW radiated in non-precessing binaries in elliptical orbits

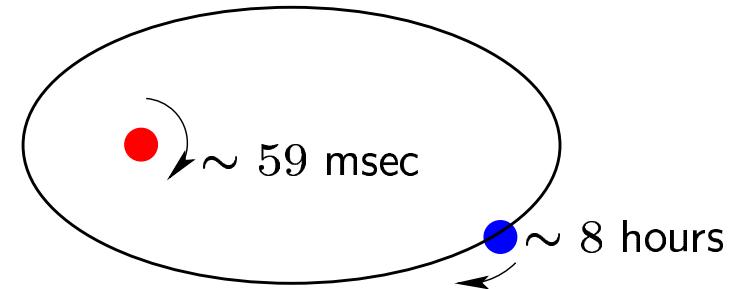
$$-\frac{dE}{dt} = \frac{32}{5} \frac{G^4}{c^5} \frac{m_1^2 m_2^2 M}{a^5 (1 - e^2)^{7/2}} \left(1 + \frac{73}{24} e^2 + \frac{37}{96} e^4 \right) \quad a = \frac{r_1 + r_2}{2}$$

Indirect observation of gravitational waves

Neutron Binary System: PSR 1913 +16 - Timing Pulsars

Hulse & Taylor discovery (1974)

Separated by $\sim 10^6$ Km, $m_1 = 1.4M_{\odot}$,
 $m_2 = 1.36M_{\odot}$, $\epsilon = 0.617$



- Prediction from GR: rate of change of orbital period
- Emission of gravitational waves:
 - due to loss of orbital energy
 - orbital decay in agreement with GR at the level of 0.5%

Hulse-Taylor binary: cumulative shift of periastron time

To show agreement with GR, they compared the *observed* phase of the orbit with a theoretical template phase as function of time

If f_b varies slowly with time, then to first order in a Taylor expansion

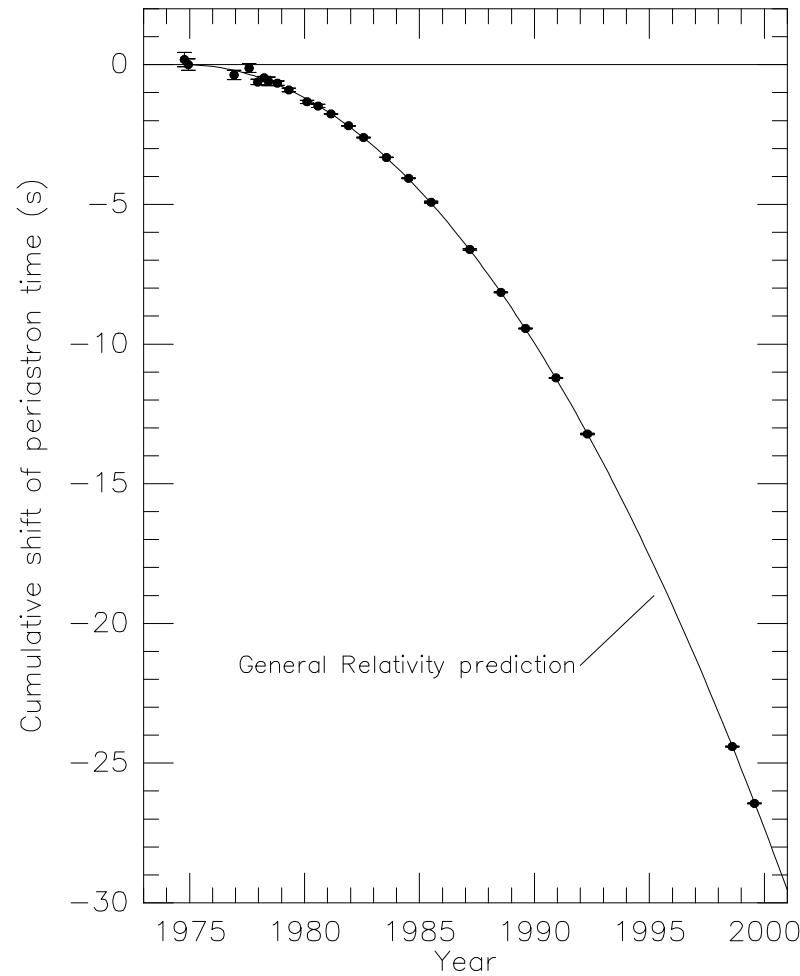
$$\Phi_b(t) = 2\pi f_b t + \pi \dot{f}_b t^2$$

Assuming that t_p is the periastron passage time defined as

$$\Phi(t_p) = 2\pi N \quad N \text{ being an integer}$$

$$2\pi N = 2\pi f_b t_p + \pi \dot{f}_b t_p^2 \quad \Rightarrow \quad t_p - N/f_b = -\frac{1}{2} \dot{f}_b / f_b t_p^2$$

Hulse-Taylor binary: cumulative shift of periastron time



[from Taylor & Weisberg 2000]

Known binaries

PSR B1534+12 (Wolszczan 1991): NS-NS

rot. period 38 ms

orb. period 10 h

$e = 0.27$

$$\Delta\phi = 4.2^\circ/\text{yr} \quad \dot{P} = -2.4 \times 10^{-12}$$

distance $\sim 1\text{kpc}$

PSR J1141-6545 (discovery 99/timing Bailes et al. 2003): NS-WD

rot. period 400 ms

orb. period 4 h and 45 min

$e = 0.17$

$$\Delta\phi = 1.8^\circ/\text{yr} \quad \dot{P} = -1.4 \times 10^{-13}$$

distance $> 4\text{kpc}$

Known double pulsar binaries

PSR J0737-3039 (timing Burgay et al. 2003/double pulsar Lyne et al. 2004): NS-NS

rot. period A 23 ms

rot. period B 2.8 ms

orb. period 2 h and 27 min (will merge in 85 Myr!)

$e = 0.088$

$\Delta\phi = 17^\circ/yr$ (large!) \dot{P} is not known yet

distance $\sim 0.6 \text{ kpc}$ (close!)

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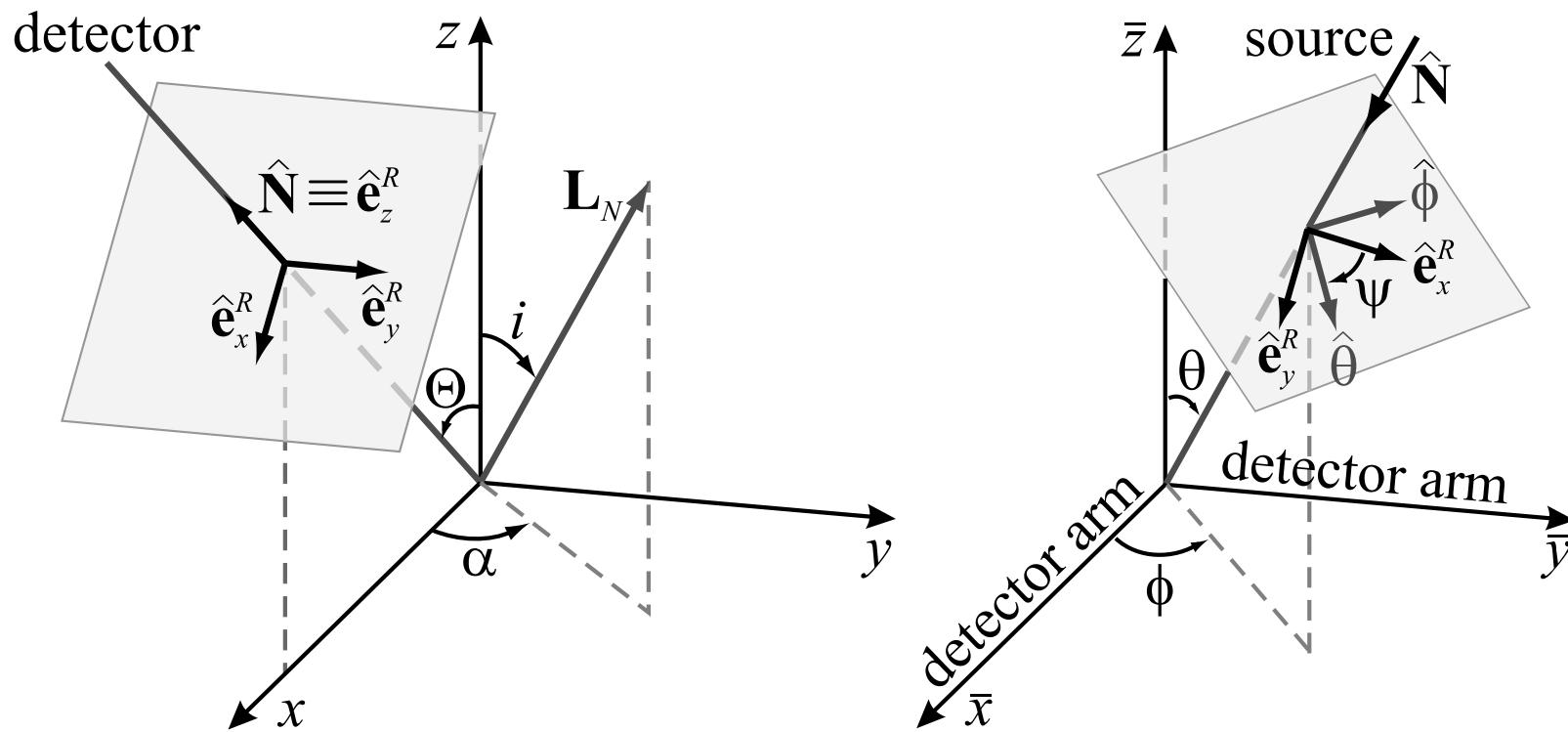
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Content of Lecture 3

- **Angular distribution of GWs emitted by binaries**
- **Templates to be used in the search of GWs from compact binaries**
- **Post-Newtonian corrections; tidal effects; spin effects, etc.**
- **Extraction of cosmological parameters using binary black holes as standard candles**
- **How to test alternative theories of gravity using GWs**

Binary-detector orientation



Angular distribution of GWs emitted by binaries

Binary frame: $\{\hat{e}_x^S, \hat{e}_y^S, \hat{e}_z^S\}$

Radiative frame: $\{\hat{e}_x^R, \hat{e}_y^R, \hat{e}_z^R = \hat{N}\}$

$$\hat{e}_x^R = -\sin \varphi \hat{e}_x^S + \cos \varphi \hat{e}_y^S$$

$$\hat{e}_y^R = -\cos \varphi \cos \Theta \hat{e}_x^S - \sin \varphi \cos \Theta \hat{e}_y^S + \sin \Theta \hat{e}_z^S$$

$$\hat{e}_z^R = \cos \varphi \sin \Theta \hat{e}_x^S + \sin \varphi \sin \Theta \hat{e}_y^S + \cos \Theta \hat{e}_z^S = \hat{N}$$

Pattern functions for ground-based GW interferometers

$$F_+ = \frac{1}{2}(1 + \cos^2 \theta) \cos 2\phi \cos 2\psi - \cos \theta \sin 2\phi \sin 2\psi$$

$$F_\times = \frac{1}{2}(1 + \cos^2 \theta) \cos 2\phi \sin 2\psi + \cos \theta \sin 2\phi \cos 2\psi$$

$$\tilde{F}_+ = \frac{(1 + \cos^2 \Theta) F_+}{[(1 + \cos^2 \Theta)^2 F_+^2 + 4 \cos^2 \Theta F_\times^2]^{1/2}}$$

$$\tilde{F}_\times = \frac{4 \cos^2 \Theta F_\times}{[(1 + \cos^2 \Theta)^2 F_+^2 + 4 \cos^2 \Theta F_\times^2]^{1/2}}$$

$$\tilde{F}_+^2 + \tilde{F}_\times^2 = 1 \quad \Rightarrow \quad \cos \alpha \equiv \tilde{F}_+ \quad \sin \alpha \equiv \tilde{F}_\times$$

$$\mathcal{A} = [(1 + \cos^2 \Theta)^2 F_+^2 + 4 \cos^2 \Theta F_\times^2]^{1/2}$$

Inspiral signals are “chirps”

- Mass-quadrupole approximation: $h_{\text{GW}}^{\text{TT } ij} = \frac{2G}{R_0 c^4} \mathcal{P}_{k m}^{i j} \ddot{Q}^{km}$

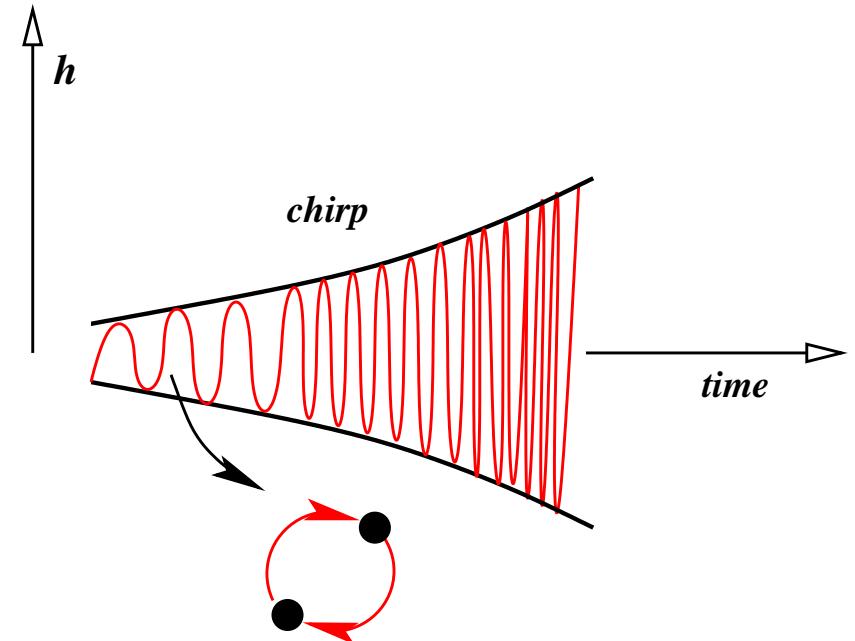
$$h_{\text{GW}} \propto \omega^{2/3} \cos 2\Phi$$

$$Q^{km} = \int d^3x \rho (x^k x^m - r^2 \delta^{km})$$

for quasi-circular orbits: $\omega^2 = \dot{\Phi}^2 = \frac{GM}{r^3}$

$$\dot{\omega} \propto \omega^{11/3}$$

Chirp: The signal continuously changes its frequency and the power emitted at any frequency is small



What determines the inspiraling waveform

$h \propto v^2 \cos 2(\Phi + \Phi_0)$ depends on 4 parameters: $\underbrace{(m_1, m_2)}_{\text{intrinsic parameters}}$ and $\underbrace{(\Phi_0, t_c)}_{\text{extrinsic parameters}}$

slow numerical search fast analytical search

Keplerian velocity: $v = (M\dot{\Phi})^{1/3}$ $M = m_1 + m_2$

Energy-balance equation: $\frac{dE(v)}{dt} = -\mathcal{F}(v)$

$E(v)$ and $\mathcal{F}(v)$ known as a Post-Newtonian expansion in v/c

Two crucial ingredients:

$E(v) \rightarrow$ center-of-mass energy $\mathcal{F}(v) \rightarrow$ gravitational flux

Limiting to quasi-circular orbits

It is generally assumed that gravitational radiation reaction will circularize the orbit by the time the binary is close to the final coalescence [Lincoln & Will 90]

Hulse-Taylor binary has currently an eccentricity of $\epsilon_i = 0.617$. In few hundred millions years (!) when the orbital frequency ~ 10 Hz, the eccentricity will be $\epsilon_f \sim 10^{-6}$

Gravitational waveform in adiabatic limit

$$\tilde{h}(f) = \int_{-\infty}^{+\infty} e^{2\pi ift} h(t) = \int_{-\infty}^{+\infty} v^2(t) [e^{2\pi ift+2i\Phi(t)} + e^{2\pi ift-2i\Phi(t)}]$$

PN predictions in the stationary phase approximation (SPA)

$$\tilde{h}_{\text{SPA}}(f) = \mathcal{A}_{\text{SPA}}(f) e^{i\psi_{\text{SPA}}(f)} \quad \mathcal{A}_{\text{SPA}}(f) = f^{-7/6}$$

$$\psi_{\text{SPA}}(f) = 2\pi f t_{\text{ref}} - \Phi_{\text{ref}} - \pi/4 + 2 \int_v^{v_{\text{ref}}} (v_{\text{ref}}^3 - v^3) \frac{E'(v)}{\mathcal{F}(v)} dv$$

$$v = (\pi M f)^{1/3}$$

Dynamics of inspiraling compact binaries

Approximating compact bodies (BH and/or NS) with point particles

Two-body equation of motions:

[Damour & Deruelle 81, 82; Damour, Blanchet & Iyer 95; Will & Wiseman 95; Blanchet 96]

[Jaranowski & Schäfer 98,99; Damour, Jaranowski & Schäfer 00, 01; 02; Blanchet & Faye 00,01]

$$\vec{a} = \frac{d\vec{v}}{dt} = \frac{GM}{r^2} \left[-\hat{n} + A_{1\text{PN}} + A_{2\text{PN}} + A_{2.5\text{PN}} + A_{3\text{PN}} + A_{3.5\text{PN}} + \dots \right]$$

$A_{n\text{PN}} \rightarrow \mathcal{O}(\epsilon^n)$ relative to Newtonian term

$$\epsilon = \frac{v^2}{c^2} \sim \frac{GM}{c^2 r} \rightarrow \text{post-Newtonian parameter [low velocity, weak gravity]}$$

Gravitational waveforms

Gravitational field far from source:

[Wagoner & Will 76; Wiseman 92; Blanchet, Damour, Iyer, Will & Wiseman 96; Blanchet 96, 98]

[Blanchet, Faye, Iyer & Jouget 01; Blanchet, Damour, Esposito-Farese and Iyer 03-04]

$$h^{ij} = \frac{2GM}{c^4 R_0} \left[Q^{ij} + Q_{0.5\text{PN}}^{ij} + Q_{1\text{PN}}^{ij} + Q_{1.5\text{PN}}^{ij} + Q_{2\text{PN}}^{ij} + Q_{2.5\text{PN}}^{ij} + Q_{3\text{PN}}^{ij} + Q_{3.5\text{PN}}^{ij} \right]$$

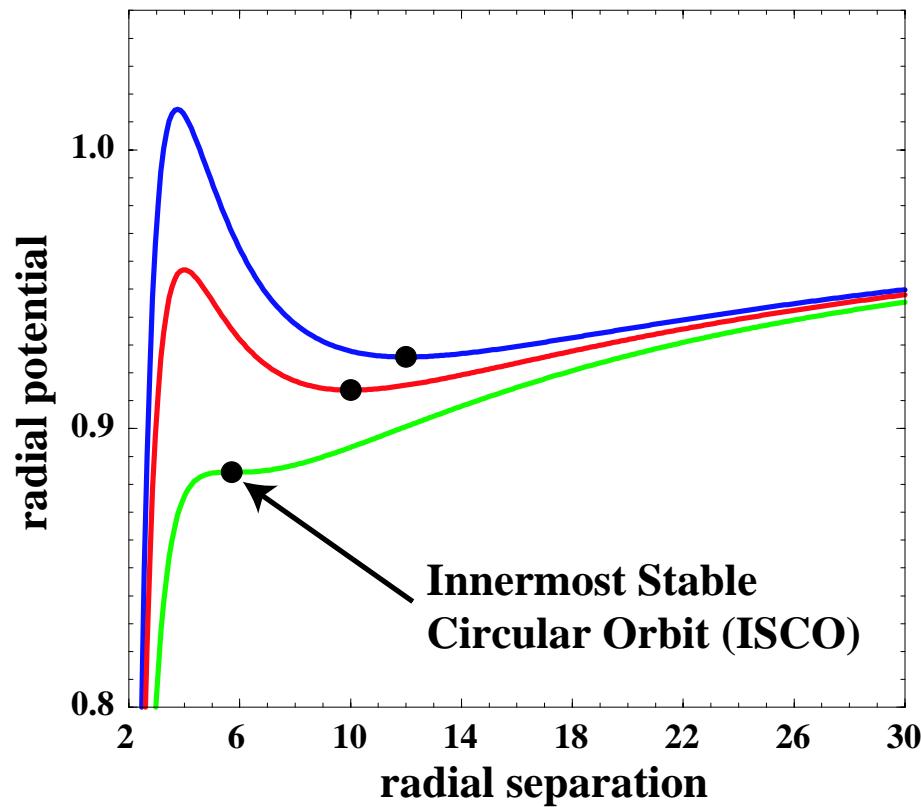
$R_0 \rightarrow$ distance from the source

Phasing within Post-Newtonian expansion in GR

$$\begin{aligned}
 \psi_{\text{SPA}}(f) = & 2\pi f t_c - \phi_c + \frac{3}{128} (\pi \mathcal{M} f)^{-5/3} \left\{ 1 + \right. \\
 & + \left(\frac{3715}{756} + \frac{55}{9} \eta \right) \eta^{-2/5} (\pi \mathcal{M} f)^{2/3} - 16\pi \eta^{-3/5} (\pi \mathcal{M} f) + 4\beta \eta^{-3/5} (\pi \mathcal{M} f) \\
 & \left. + \left(\frac{15293365}{508032} + \frac{27145}{504} \eta + \frac{3085}{72} \eta^2 \right) \eta^{-4/5} (\pi \mathcal{M} f)^{4/3} - 10\sigma \eta^{-4/5} (\pi \mathcal{M} f)^{4/3} \right\}
 \end{aligned}$$

$$\begin{aligned}
 \beta &= \frac{1}{12} \sum_{i=1}^2 \chi_i \left[113 \frac{m_i^2}{M^2} + 75\eta \right] \hat{\mathbf{L}} \cdot \hat{\mathbf{S}}_i \\
 \sigma &= \frac{\eta}{48} \chi_1 \chi_2 \left(-27 \hat{\mathbf{S}}_1 \cdot \hat{\mathbf{S}}_2 + 721 \hat{\mathbf{L}} \cdot \hat{\mathbf{S}}_1 \hat{\mathbf{L}} \cdot \hat{\mathbf{S}}_2 \right)
 \end{aligned}$$

Radial potential in black-hole spacetime



The issue of spin effects

- **Do black holes in binaries carry spin? How large is the spin?**

30–80% of NS/BH could have tilt angles larger than 30°

- **Spin-orbit coupling causes orbital plane to precess:**

$$\dot{S} \propto S \times L, \quad \dot{L} \propto S \times L$$

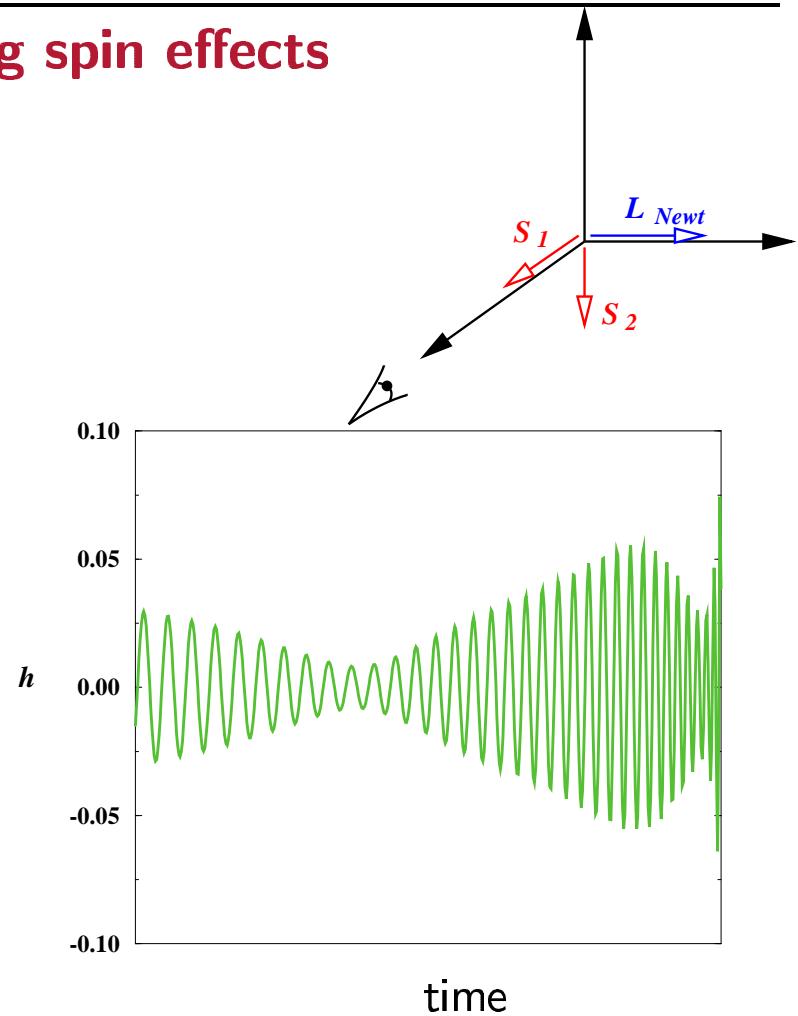
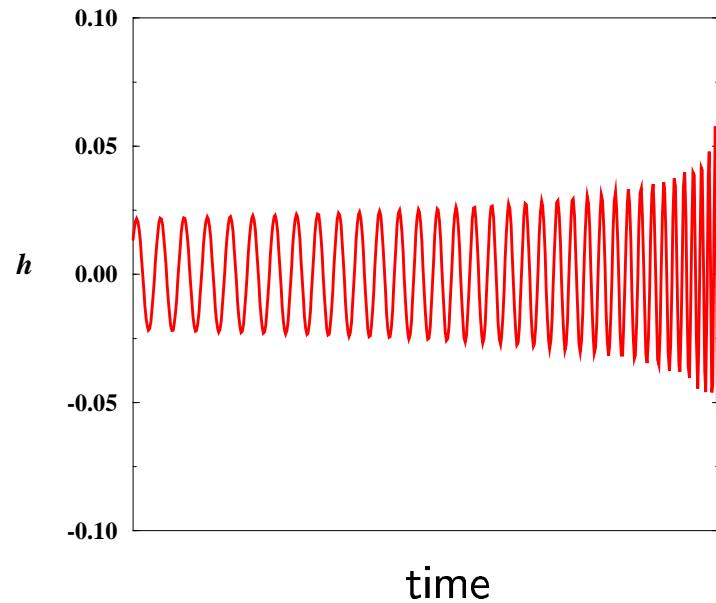
- If spins large, the precession induces non-negligible, and non-uniform in time, amplitude and phase modulations

- Waveforms with spin effects depend on 11 parameters, where 7 are intrinsic \Rightarrow computationally expensive to search over using match-filtering

Waveforms including spin effects

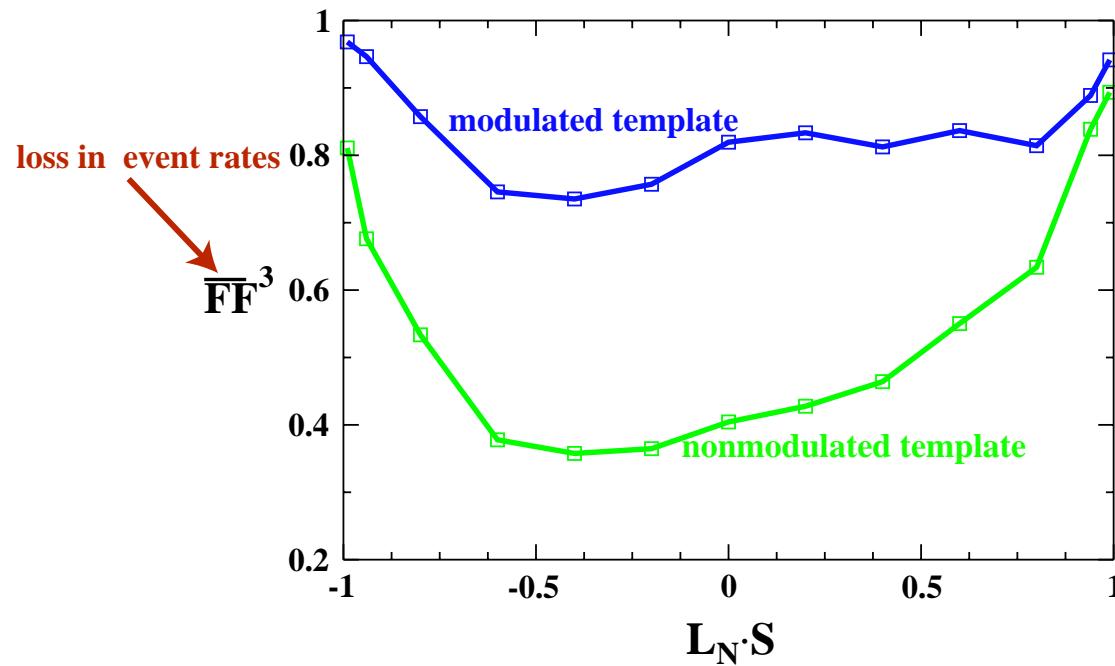
Maximal spins

$$M = 10M_{\odot} + 10M_{\odot}$$



Performances for NS/BH binary ($10 + 1.4) M_{\odot}$

[AB, Chen & Vallisneri 02]



Phasing in alternative theories of gravity

$$\begin{aligned}
 \psi_{\text{SPA}}(f) = & 2\pi f t_c - \phi_c + \frac{3}{128} (\pi \mathcal{M} f)^{-5/3} \left\{ 1 + \right. \\
 & - \frac{5\mathcal{S}^2}{84\omega_{\text{BD}}} \eta^{2/5} (\pi \mathcal{M} f)^{-2/3} - \frac{128}{3} \frac{\pi^2 D \mathcal{M}}{\lambda_g^2 (1+z)} (\pi \mathcal{M} f)^{2/3} \\
 & + \left(\frac{3715}{756} + \frac{55}{9} \eta \right) \eta^{-2/5} (\pi \mathcal{M} f)^{2/3} - 16\pi \eta^{-3/5} (\pi \mathcal{M} f) + 4\beta \eta^{-3/5} (\pi \mathcal{M} f) \\
 & \left. + \left(\frac{15293365}{508032} + \frac{27145}{504} \eta + \frac{3085}{72} \eta^2 \right) \eta^{-4/5} (\pi \mathcal{M} f)^{4/3} - 10\sigma \eta^{-4/5} (\pi \mathcal{M} f)^{4/3} \right\}
 \end{aligned}$$

Gravitational waves: theory and sources

Alessandra Buonanno

groupe de Gravitation et Cosmologie (GReCO)

Institut d'Astrophysique de Paris (CNRS)

Fédération de Recherche “Astroparticule et Cosmologie” (APC)

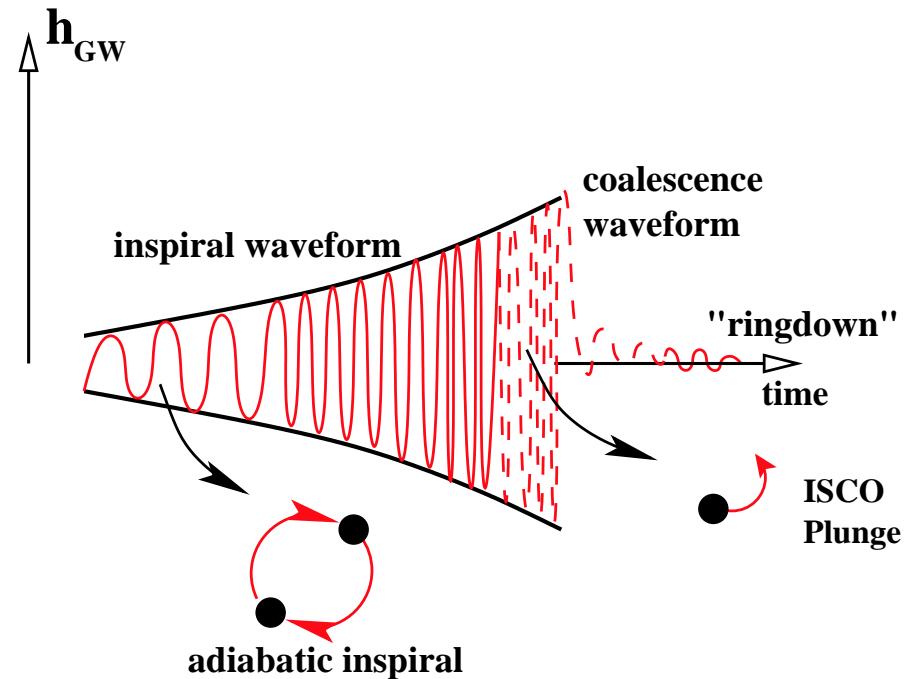
Content of Lecture 4

- **GWs from black-hole's and neutron-star's ring down**
- **Gws from pulsars, supernovae, low-mass X-ray binaries**
- **Galactic binaries, supermassive black holes, extreme mass ratio binaries**

Gravitational waves from compact binaries

- **GW signal: “chirp”** [duration \sim seconds to years] ($f_{\text{GW}} \sim 10^{-3} \text{ Hz}-1\text{kHz}$)

End-of-inspiral GW frequency
(non-spinning case):
 $f_{\text{GW}} \sim 4400M_{\odot}/M \text{ Hz}$



Ring-down phase: quasi-normal modes

Gravitational perturbations of black hole metric

$$ds^2 = g_{\mu\nu}^{(0)} dx^\mu dx^\nu = -e^{\nu(r)} dt^2 + e^{\lambda(r)} dr^2 + r^2 (d\theta^2 + \sin^2 \theta d\phi^2)$$

$$g_{\mu\nu} = g_{\mu\nu}^{(0)} + h_{\mu\nu} \quad \delta G_{\mu\nu} = \frac{8\pi G}{c^4} \delta T_{\mu\nu}$$

Each $h_{\mu\nu}$ is of the form

$$\Phi = \sum_{l,m} \frac{\Psi_{lm}(r,t)}{r} Y_{lm}(\theta, \phi)$$

and perturbation problem reduced to a single wave equation

$$\frac{\partial^2 \Psi}{\partial r_*^2} - \frac{1}{c^2} \frac{\partial^2 \Psi}{\partial t^2} = V \Psi \quad r_* = r + 2M \log(r/2M - 1)$$

There exist solutions with no-incident radiation and frequencies with positive imaginary part (decay) \Rightarrow quasi-normal modes

Ring-down phase: quasi-normal modes [continued]

Oscillations decay in time because of GW emission

$$\omega_{\text{qnm}} \sim 3.2 \text{kHz} \left[1 - 0.63 \left(1 - \frac{S}{M^2} \right)^{3/10} \right]$$

$$\text{Quality factor} \sim \frac{\pi \omega_{\text{qnm}}}{\tau_{\text{qnm}}} \sim 2 \left(1 - \frac{S}{M^2} \right)^{-\frac{9}{20}}$$

$$h_{\text{ring-down}}^{\text{GW}} = \mathcal{A} e^{-t/\tau_{\text{qnm}}} \cos(\omega_{\text{qnm}} t + \varphi)$$

\mathcal{A} depends on BH's initial distortion

Neutron stars can also ring !

$$\omega_{\text{qnm}} = \mathcal{G}(m_{\text{NS}}, \Omega, R_{\text{NS}}, \text{EOS})$$

$$1/\tau_{\text{qnm}} = \mathcal{F}(m_{\text{NS}}, \Omega, R_{\text{NS}}, \text{EOS})$$

Gravitational waves from stellar collapse

- **GW signal:** “bursts” [\sim few msecounds] **or (quasi) “periodic”** ($f_{\text{GW}} \sim 1 \text{ kHz-}10\text{kHz}$)

Supernovae:

- Non-axisymmetric core collapse
- Material in the stellar core may form a rapidly rotating bar-like structure
- Collapse material may fragment into clumps which orbit as the collapse proceeds
- Pulsation modes of new-born NS; ring-down of new-born BH

Dynamics of star very poorly understood

- GW amplitude and frequency estimated using mass- and current-quadrupole moments
- Numerical simulations

Correlations with neutrino flux and/or EM counterparts

Event rates in our galaxy and its companions $\lesssim 30$ yrs

Gravitational-wave strain from non-axisymmetric collapse

$$h_{\text{GW}} \simeq 2 \times 10^{-17} \sqrt{\eta_{\text{eff}}} \left(\frac{1 \text{ msec}}{\tau} \right)^{1/2} \left(\frac{M}{M_{\odot}} \right)^{1/2} \left(\frac{10 \text{ kpc}}{R_0} \right) \left(\frac{1 \text{ kHz}}{f_{\text{GW}}} \right)$$

τ → duration of emission

$$\text{efficiency } \eta_{\text{eff}} = \frac{\Delta E}{M c^2} \sim 10^{-10} - 10^{-7}$$

Gravitational waves from spinning neutron stars: pulsars

- **GW signal: (quasi) “periodic”** ($f_{\text{GW}} \sim 10 \text{ Hz}-1 \text{ kHz}$)

Pulsars: non-zero ellipticity

$$h_{\text{GW}} \simeq 7.7 \times 10^{-26} \left(\frac{\epsilon}{10^{-6}} \right) \left(\frac{I_{zz}}{10^{45} \text{ g cm}^2} \right) \left(\frac{10 \text{ kpc}}{R_0} \right) \left(\frac{f_{\text{GW}}}{1 \text{ kHz}} \right)^2$$

$$\epsilon = \frac{I_{xx} - I_{yy}}{I_{zz}} \rightarrow \text{ellipticity}$$

- The crust contributes only 10% of total moment of inertia $\Rightarrow \epsilon_C$ is low
- Magnetic fields could induce stresses and generate $\epsilon_M \neq 0$

Expected ellipticity rather low $\leq 10^{-7}$

- **search for known spinning neutron stars: Vela, Crab, ...**
- **all sky search**

Gravitational waves from spinning neutron stars: LMXBs

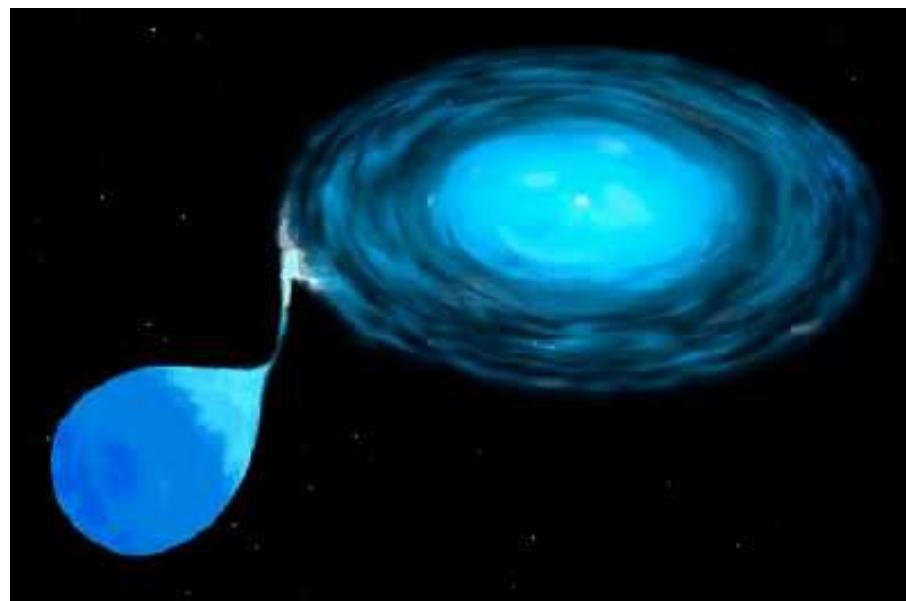
Low-Mass X-ray binaries

- Observed spin-frequency “locking” between 270–620 Hz, which is lower than break-up frequency ~ 1.5 kHz
- Very old systems, believed to have spun up by accretion torque

Conjecture: gravitational radiation is balancing torque due to accretion

- mass-quadrupole radiation from deformed NS crusts: $f_{\text{GW}} = 2f_{\text{S}}$
- mass-current radiation from pulsation modes in NS core: $f_{\text{GW}} = 4/3f_{\text{S}}$

Low-mass X-ray Binary



Gravitational radiation balancing torque due to accretion

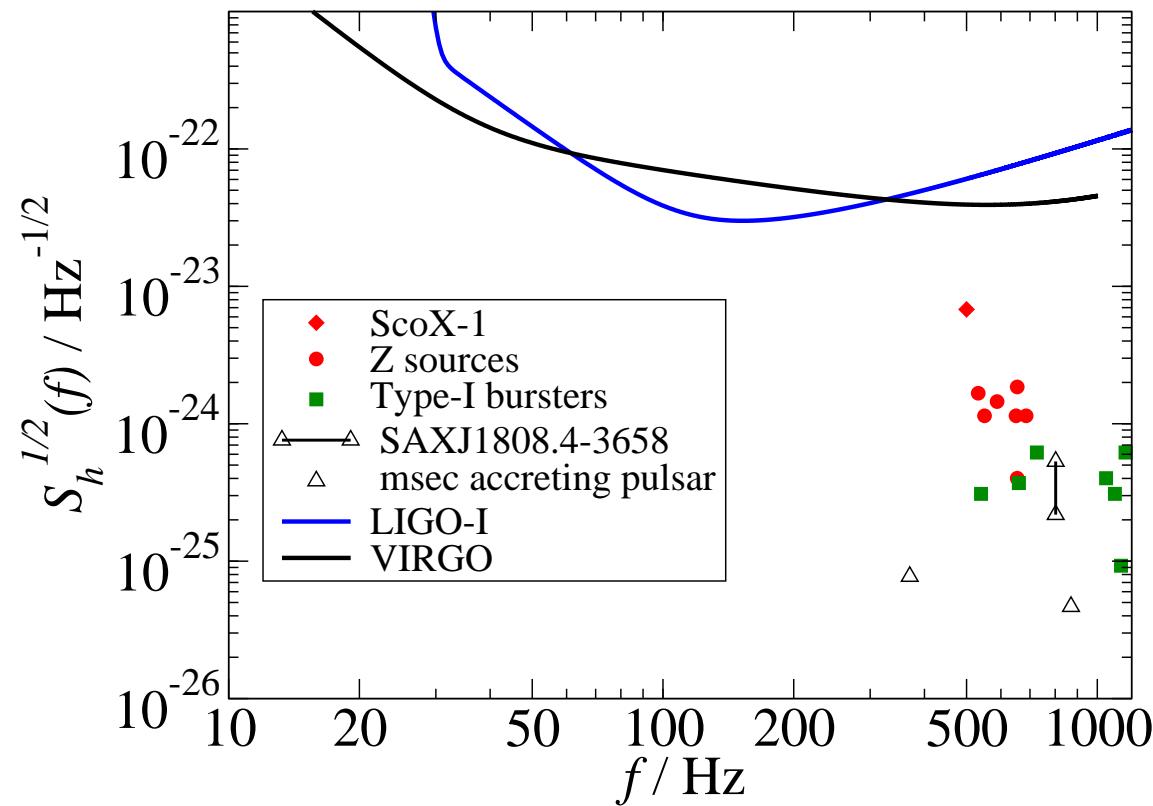
- **GW strain:** $h_{\text{GW}} \propto Q f_S^2$
- **Angular-momentum gain by accretion:** $\left(\frac{dJ}{dt}\right)_A = \dot{M} (GMR)^{1/2}$

$$\text{Flux}_{\text{X-ray}} = \frac{G \dot{M} M}{4 \pi R R_0}$$
- **Angular-momentum loss by GR:** $\left(\frac{dJ}{dt}\right)_{GW} \propto Q^2 f_S^5$

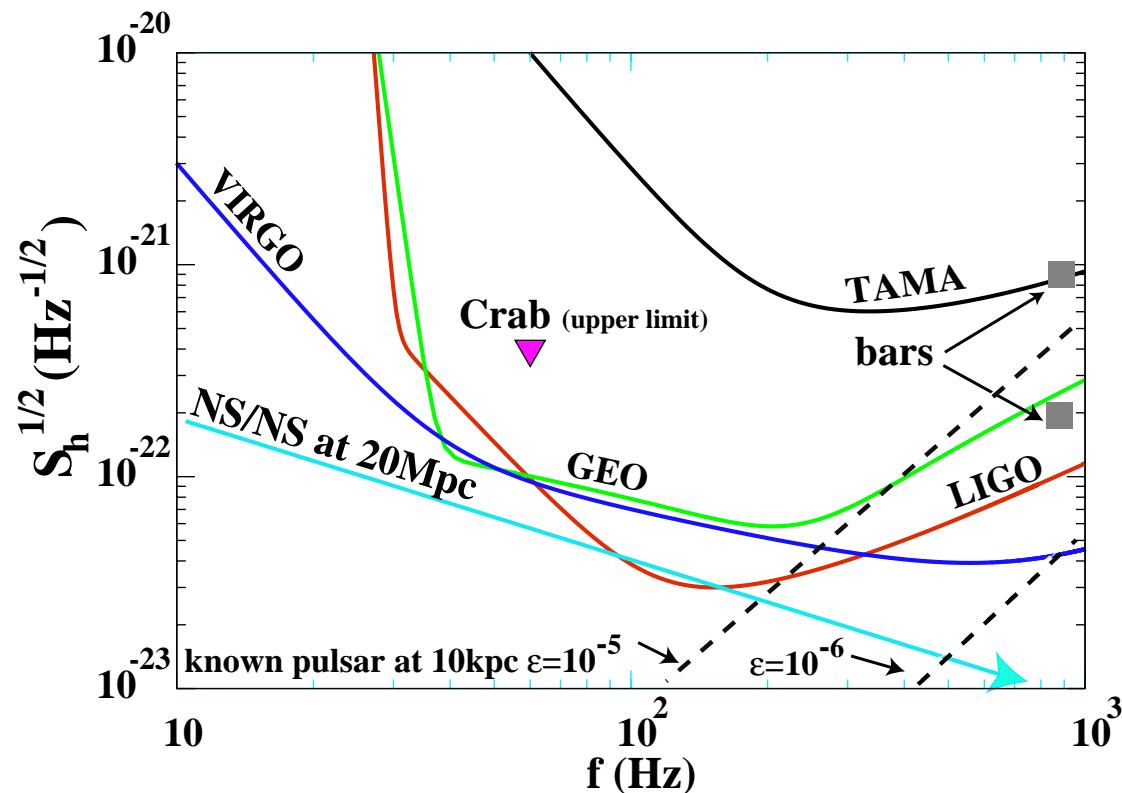
Imposing balance we get quadrupole moment Q and GW strain h_{GW} :

$$h_{\text{GW}} \simeq 3.5 \times 10^{-27} \left(\frac{300}{f_S} \right)^{1/2} \left(\frac{\text{Flux}_{\text{X-ray}}}{10^{-8} \text{erg cm}^{-2} \text{sec}^{-1}} \right)^{1/2}$$

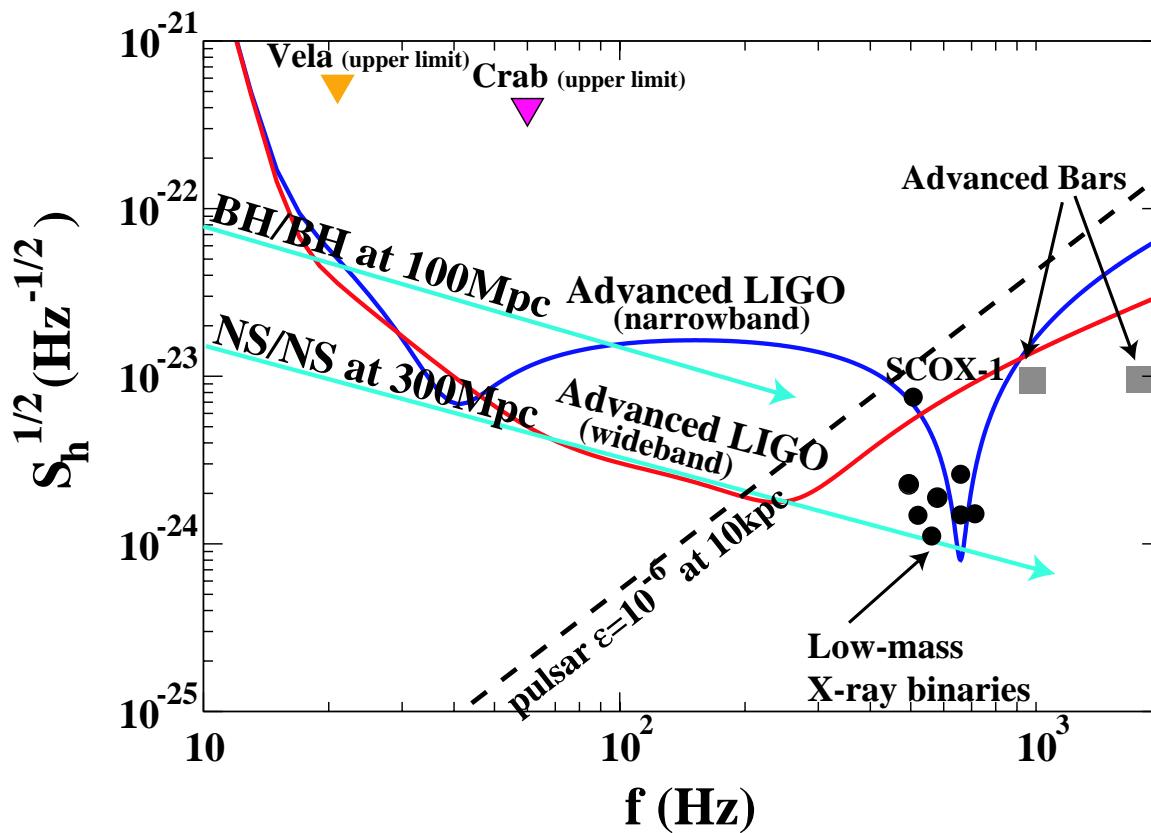
LMXBs and first generation detectors



Sources for first generation detectors



Sources for advanced detectors



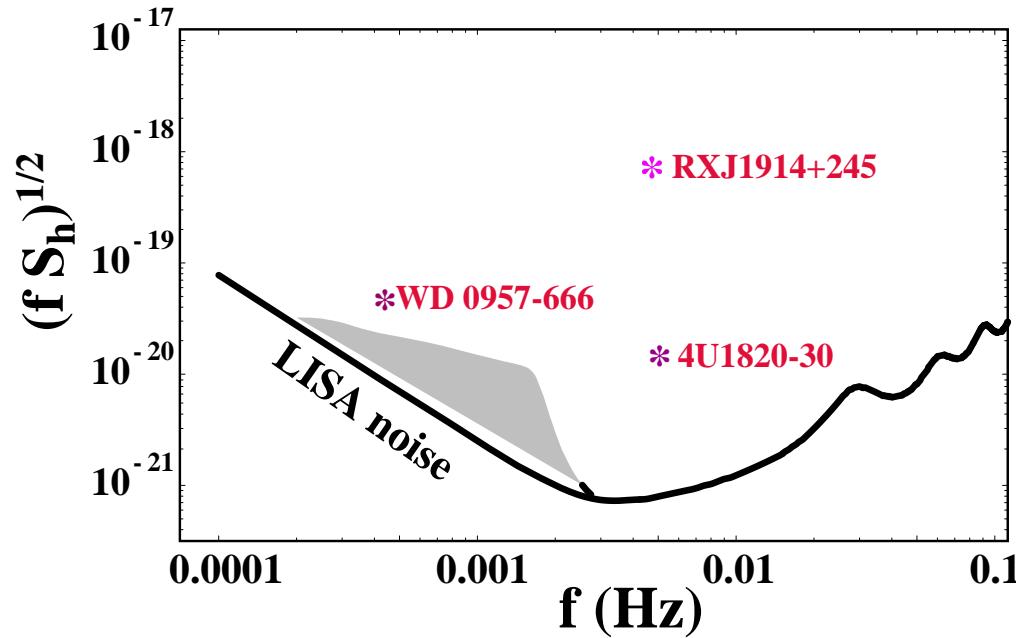
Known, short-period binary stars in our galaxy

There are currently a dozen galactic binaries with GW frequencies
above 0.1 mHz

Monochromatic gravity-wave signals

- These sources will provide an important test LISA is functioning as expected (verification binaries)
- Test of general relativistic theory of GW emission in weak-gravity limit
- Compare with predictions from optically measured orbital motion

Three known galactic binaries



- **WD 0957-666:** WD-WD binary with masses $0.37M_{\odot}$ and $0.32M_{\odot}$, at 100 pc from Earth and time to merger 2×10^8 years
- **RXJ1914+245 (Am CVn binary):** WD ($0.6M_{\odot}$) accreting from low-mass, helium-star companion ($0.07M_{\odot}$) at 100 pc from Earth
- **4U1820-30:** star ($< 0.1M_{\odot}$) orbiting a NS at 100 pc from Earth

Astrophysical stochastic background

- There are an estimated 10^8 – 10^9 galactic WD-WD binaries with GW frequencies $f > 0.1$ mHz
- At frequencies below ~ 2 mHz, there are too many binaries per resolvable frequency bin $\Delta f = 1/T_{\text{obs}} \sim 10^{-8}$ Hz, to be fit and removed from LISA data ⇒ confusion noise

WD, NS, BH binaries in Milky Way and nearby galaxies

Above ~ 2 mHz the density of WD-WD sources decreases and we expect to measure individually all these binaries

There should be $\sim 10^4$ WD binaries, but also many NS, BH binaries

- we could make a 2-D map of compact binaries in our galaxy
- catalog of periods, eccentricities, inclination angles

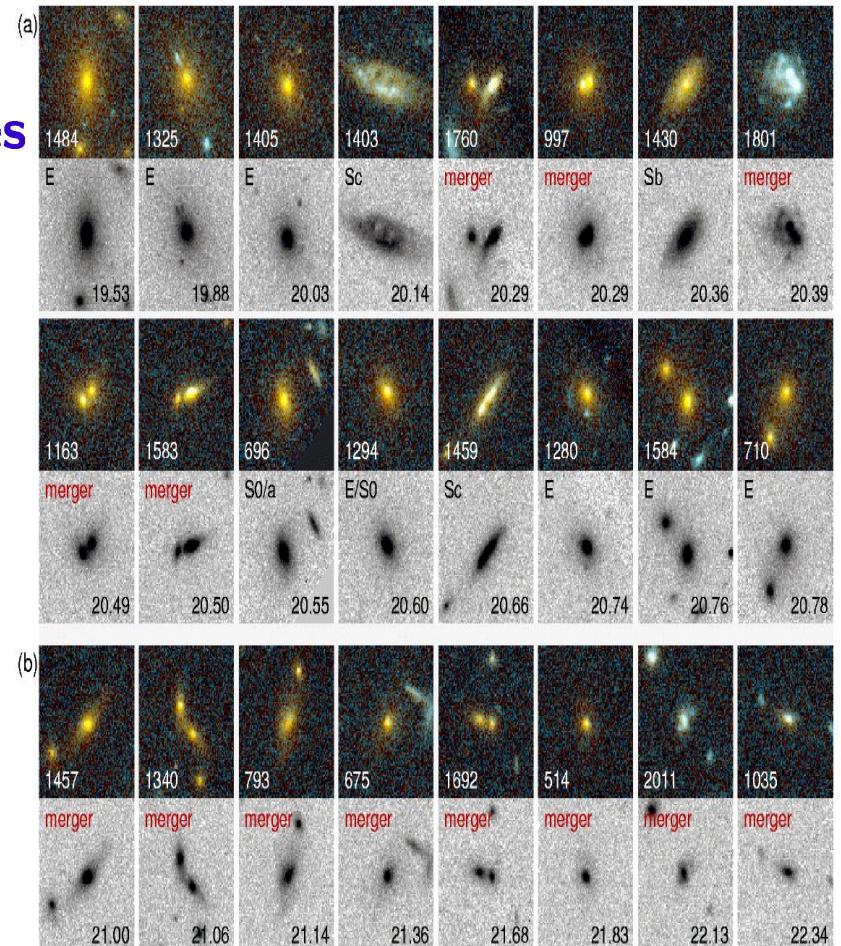
Supermassive BH binaries ($10^5 - 10^8 M_\odot$)

Supermassive BHs at center of galaxies

Supermassive BH binaries form
following the mergers of galaxies and
pregalactic structures

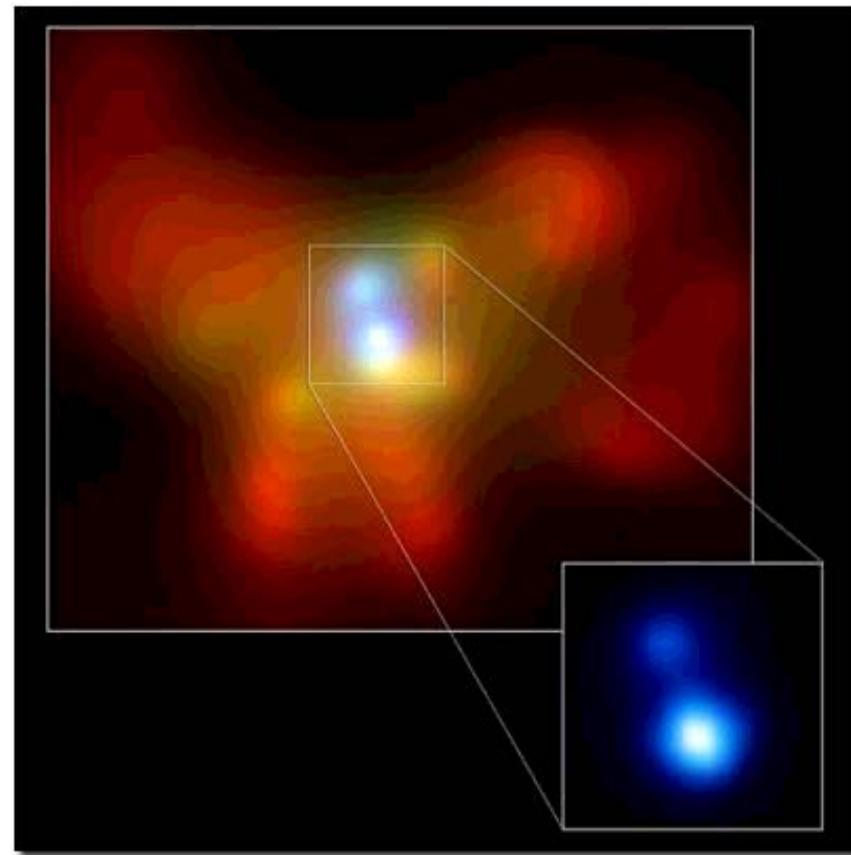
MS 1054-03 (cluster of galaxies) at $z = 0.83$:
about 20% are merging!

- (a) → 16 most luminous galaxies in the cluster
- (b) → 8 fainter galaxies



van Dokkum et al., ApJ Letters, in press (astro-ph/9905394)

Image of NGC6240 taken by Chandra showing a butterfly shaped galaxy product of two smaller galaxies (two active giant BHs)



Supermassive BH binaries

Relativity:

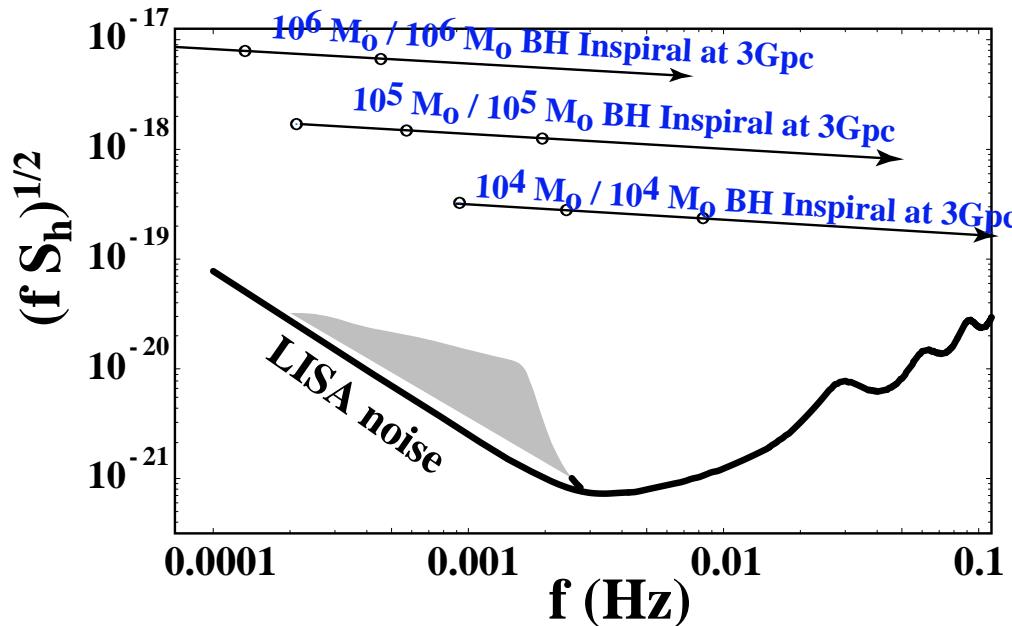
- From inspiraling post-Newtonian waveforms → precision tests of GR
- From merger waveforms (num. relativity) → tests of non-linear gravity

Astrophysics:

- Cosmic history of supermassive black holes
- What causes two SMBH's to get close enough for merging?

Very high S/N (very large z); high accuracy in determining binary parameters, but event rates uncertain

Supermassive BH binaries

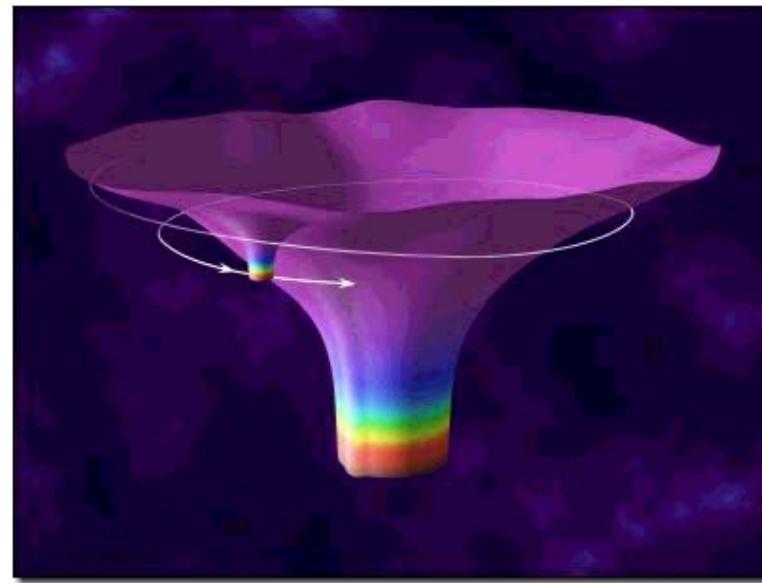


- *Non-precessing binaries:* **distance determined to a few percent, sky position to tens of arcminutes, chirp mass $1/N_{\text{cycles}}$, reduced mass to few percents**

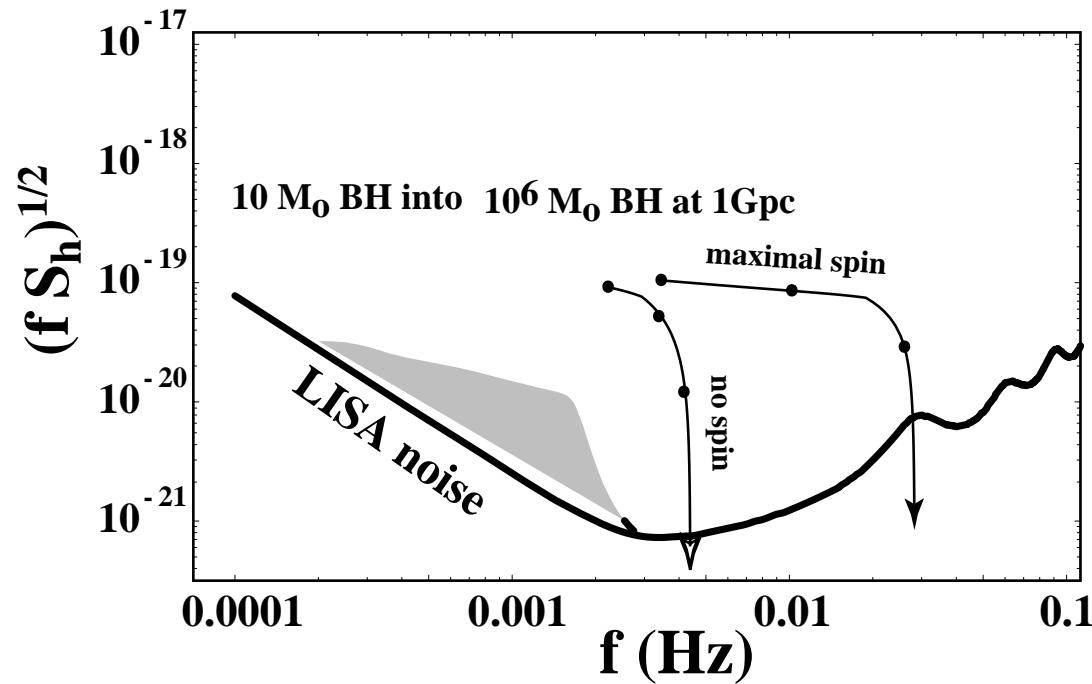
Extreme mass-ratio inspiraling binaries

**Small body spiraling into central body of $\sim 10^5\text{--}10^7 M_\odot$ out
to $\sim \text{Gpc}$ distance**

- Relativistic orbits (test of GR)
- Map of massive body's external spacetime geometry. Extract multiple moments



Extreme mass-ratio binaries



Gravitational waves: theory and sources

Alessandra Buonanno

groupe de Gravitation et Cosmologie (GReCO)

Institut d'Astrophysique de Paris (CNRS)

Fédération de Recherche “Astroparticule et Cosmologie” (APC)

Content of Lectures 5 & 6

- **GWs from the early Universe: typical frequencies and amplitudes**
- **Amplification of quantum-vacuum fluctuations**
- **Stochastic GW background from standard inflationary models**
- **Examples of stochastic GW background from non-standard inflation**
- **GWs from first order phase transitions and cosmic strings**

References

B. Allen, Lectures at the Les Houches School 1996 [gr-qc/9604033]

M. Maggiore, Phys. Rep. 331, 283 (2000) [gr-qc/9909001]

AB, TASI Lectures on GWs from the early Universe [gr-qc/0303...]

Characteristic intensity and frequency of relic gravitational waves

- **The intensity**

$$\Omega_{\text{GW}}(f) = \frac{1}{\rho_c} \frac{d\rho_{\text{GW}}}{d \log f} \quad [\Omega_{\text{GW}}(f) = \frac{4\pi^2}{3H_0^2} \, f^3 \, S_h(f) \quad h_{\text{rms}} = \sqrt{S_n(f) \Delta f} = \frac{\Delta L}{L}]$$

$$\rho_{\text{GW}} = \frac{1}{32\pi G} \overline{\dot{h}_{ij}(t) \dot{h}_{ij}(t)}$$

- **Phenomenological bounds**
- **Two features determine the typical frequencies: the *dynamics* of production mechanism which is model dependent, and the *kinematics*, i.e. the redshift from the production era**
 - Suppose a graviton is produced at time t_* with frequency f_* during RD or MD era

$$f_0 = f_* a(t_*)/a(t_0), \quad g a^3 T^3 = \text{const.}, \quad 1/f_* = \lambda_* = \epsilon H_*^{-1}$$

$$f_0 \simeq 10^{-7} \frac{1}{\epsilon} \left(\frac{T_*}{1 \text{ GeV}} \right) \left(\frac{g_*}{100} \right)^{1/6} \text{ Hz}$$

Phenomenological bounds

- BBN bound

$$\int h_0^2 \Omega_{\text{GW}}(f) d \log f \leq 5.6 \times 10^{-6} (N_\nu - 3)$$

- COBE bound

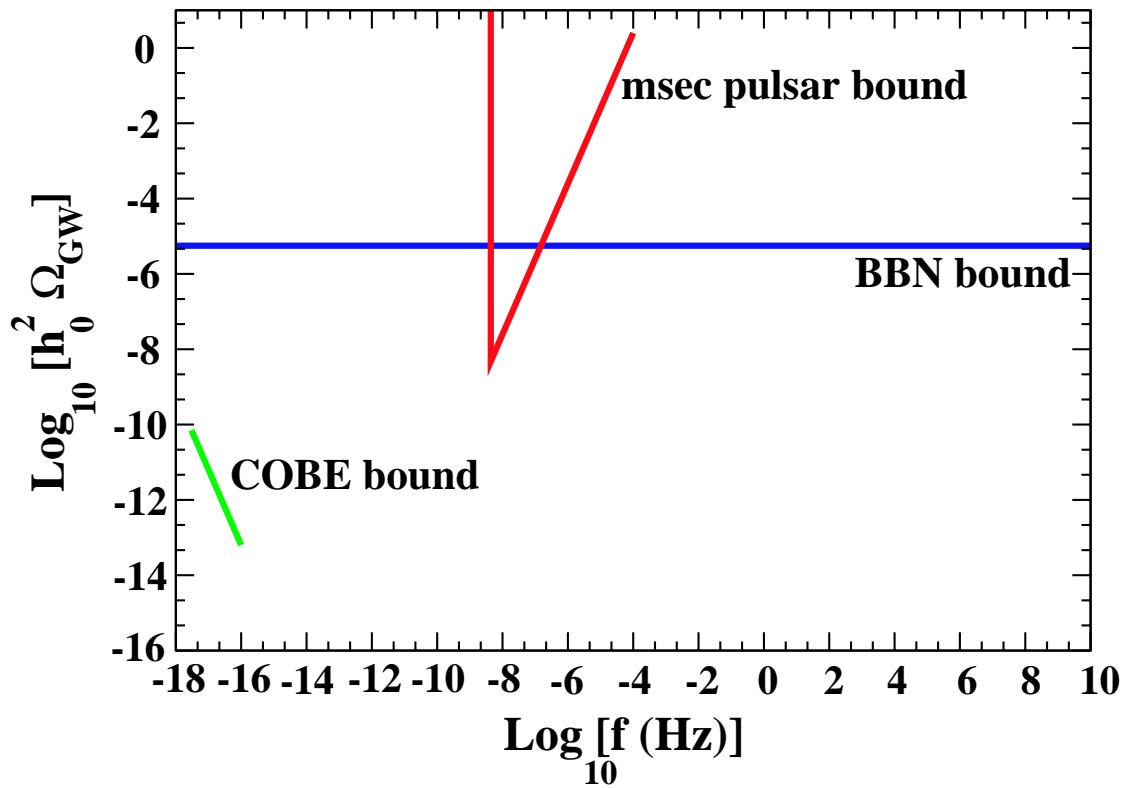
$$h_0^2 \Omega_{\text{GW}}(f) \leq 7 \times 10^{-11} \left(\frac{H_0}{f} \right)^2$$

$$H_0 \leq f \leq 10^{-16} \text{ Hz}$$

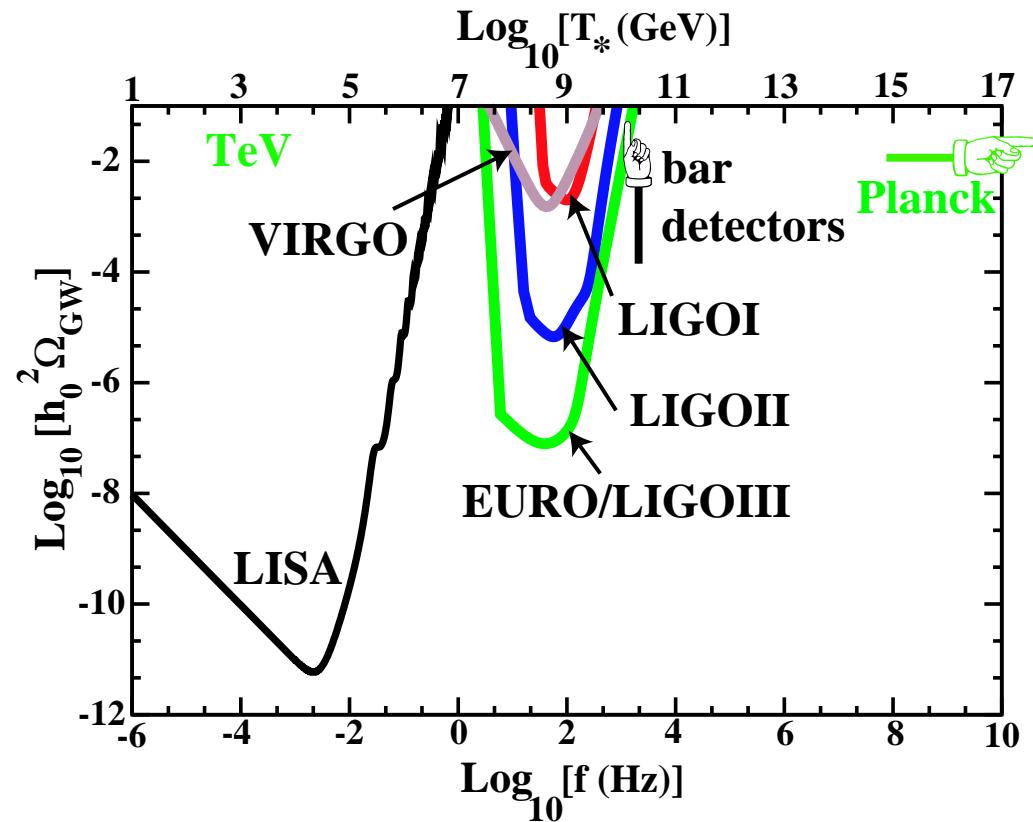
- msec pulsar bound

$$h_0^2 \Omega_{\text{GW}}(f) \leq 4.8 \times 10^{-9} \left(\frac{f}{f_*} \right)^2$$

$$f > f_* \equiv 4.4 \times 10^{-9} \text{ Hz}$$



Typical temperatures probed by GWs produced by causal mechanisms



Semiclassical point of view

Introducing “canonical field” $\psi_k(\eta) = \textcolor{red}{a} h_k(\eta)$:

$$\psi_k'' + [k^2 - \textcolor{blue}{U}(\eta)] \psi_k = 0 \quad \textcolor{blue}{U}(\eta) = \frac{a''}{a}$$

de Sitter inflationary era: $a = -1/(\eta H_{\text{dS}})$ [$|U(\eta)| \sim 1/\eta^2$, $(a H_{\text{dS}}) \sim 1/\eta$]

- If $k^2 \gg |U(\eta)|$

$[k\eta \gg 1, k/a \gg H_{\text{dS}}, \lambda_{\text{phys}} \ll H_{\text{dS}}^{-1} \rightarrow \text{the mode is inside the Hubble radius}]$

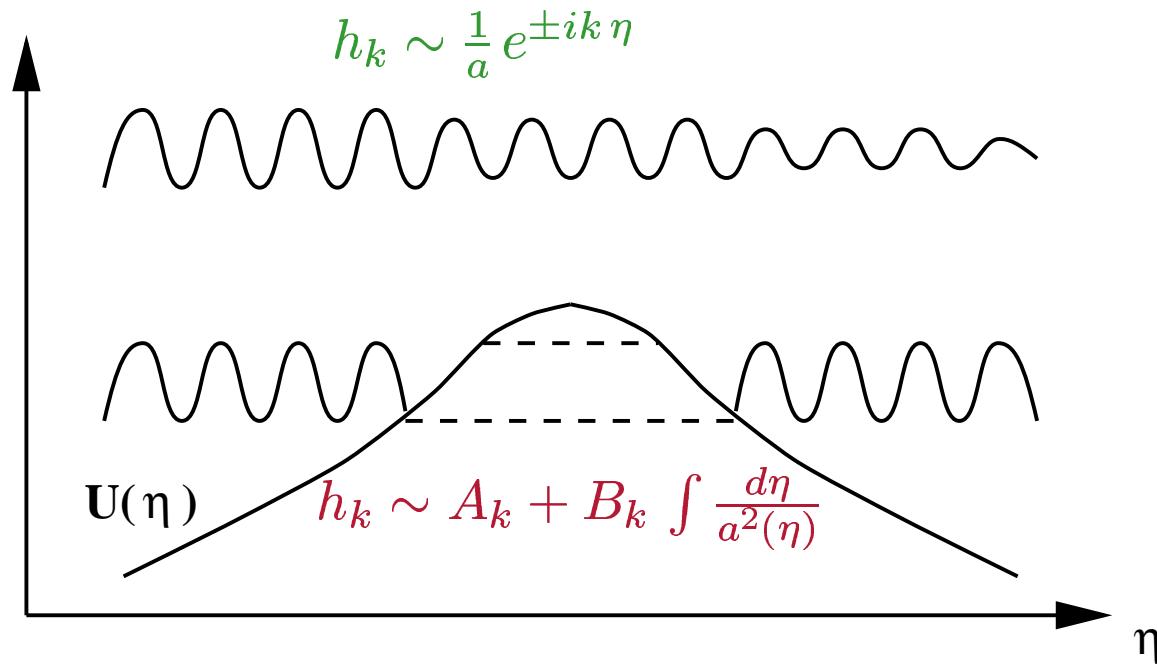
$$\psi_k \sim e^{\pm ik\eta} \Rightarrow \textcolor{green}{h}_k \sim \frac{1}{a} e^{\pm ik\eta}$$

- If $k^2 \ll |U(\eta)|$:

$[k\eta \ll 1, k/a \ll H_{\text{dS}}, \lambda_{\text{phys}} \gg H_{\text{dS}}^{-1} \rightarrow \text{the mode is outside the Hubble radius}]$

$$\psi_k \sim a \left[A_k + B_k \int \frac{d\eta}{a^2(\eta)} \right] \Rightarrow \textcolor{red}{h}_k \sim A_k + B_k \int \frac{d\eta}{a^2(\eta)}$$

Semiclassical point of view [continued]



Quantum point of view

$$S = \frac{1}{16\pi G_N} \int d^4x \sqrt{|g|} \mathcal{R} + S_{\text{matter}}$$

- **Isotropic and spatially homogenous FLRW background**

$$ds^2 = g_{\mu\nu} dx^\mu dx^\nu = -dt^2 + a^2(t) d\vec{x}^2 = a^2(\eta) (-d\eta^2 + d\vec{x}^2)$$

- **Metric perturbations** ($\delta g_{\mu\nu} = h_{\mu\nu}$):

$$h_k''(\eta) + \frac{2a'}{a} h_k'(\eta) + k^2 h_k(\eta) = 0$$

- **Two cosmological phases I and II: two scale factors $a_{\text{I,II}}$ and two vacua $|0\rangle_{\text{I,II}}$**

$$h_i^j = \sqrt{8\pi G_N} \sum_P \int \frac{d^3k}{\sqrt{2k}(2\pi)^3} \left[b_P^{\text{I}}(k) h_k(\eta) \epsilon_i^P{}^j(\hat{\Omega}) e^{i\vec{k}\cdot\vec{x}} + \text{h.c.} \right]$$

$$h_i^j = \sqrt{8\pi G_N} \sum_P \int \frac{d^3k}{\sqrt{2k}(2\pi)^3} \left[b_P^{\text{II}}(k) H_k(\eta) \epsilon_i^P{}^j(\hat{\Omega}) e^{i\vec{k}\cdot\vec{x}} + \text{h.c.} \right]$$

Quantum point of view [continued]

$$b_k^{\text{I}} = \sum_{k'} \left[\alpha_{kk'} b_{k'}^{\text{II}} + \beta_{kk'}^* b_{k'}^{\text{II}\dagger} \right]$$

$$b_k^{\text{II}} = \sum_{k'} \left[\alpha_{kk'}^* b_{k'}^{\text{I}} - \beta_{kk'}^* b_{k'}^{\text{I}\dagger} \right]$$

$$N_k^{\text{II}} \equiv \langle \{N^{\text{I}}\} | b_k^{\text{II}} b_k^{\text{II}\dagger} | \{N^{\text{I}}\} \rangle = N_k^{\text{I}} (1 + 2|\beta_k|^2) + |\beta_k|^2$$

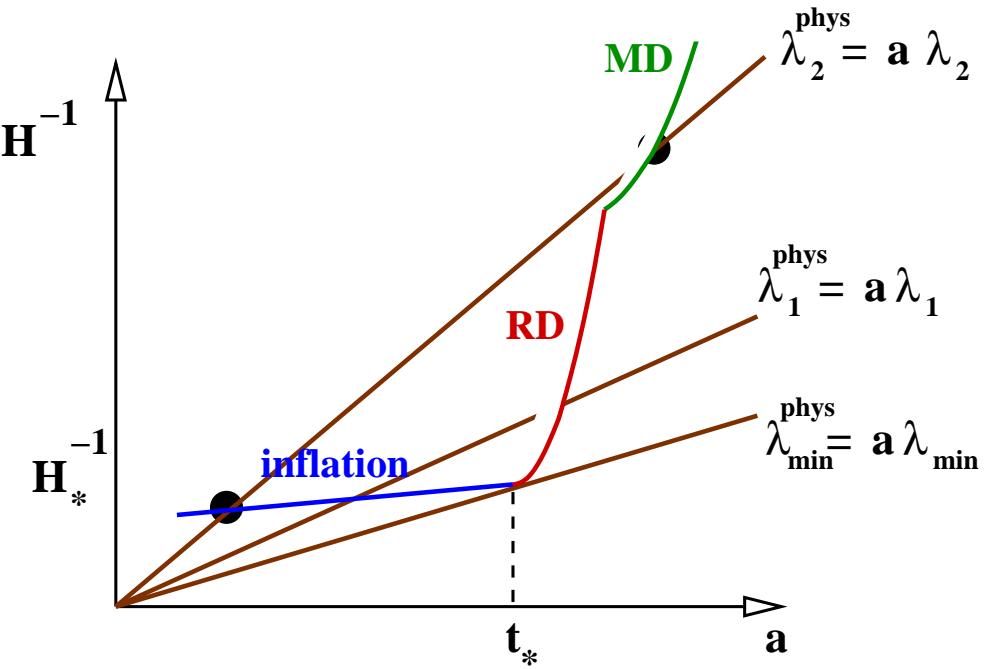
Stochastic GW background from *standard inflation*

In *standard inflationary models* Hubble radius almost constant

- $2\pi f_* H_*^{-1} \ll 1 \Rightarrow$ **abrupt transition**
 \Rightarrow production of particles out of vacuum
- $2\pi f_* H_*^{-1} \gg 1 \Rightarrow$ **adiabatic transition**
 \Rightarrow no production of particles

$$h_0^2 \Omega_{\text{GW}}(f) \sim H_*^2 f^{n_T} \quad |n_T| \ll 1$$

$$\text{cutoff frequency } f_*^{\max} \sim H_*/2\pi$$



Inflation: $H^{-1} \simeq \text{const.}$

RD: $H^{-1} \propto a^2$

MD: $H^{-1} \propto a^{3/2}$

Example: Slow-roll inflation

$$n_T = -\frac{M_{\text{Pl}}^2}{8\pi} \left(\frac{V'_\bullet}{V_\bullet} \right)^2$$

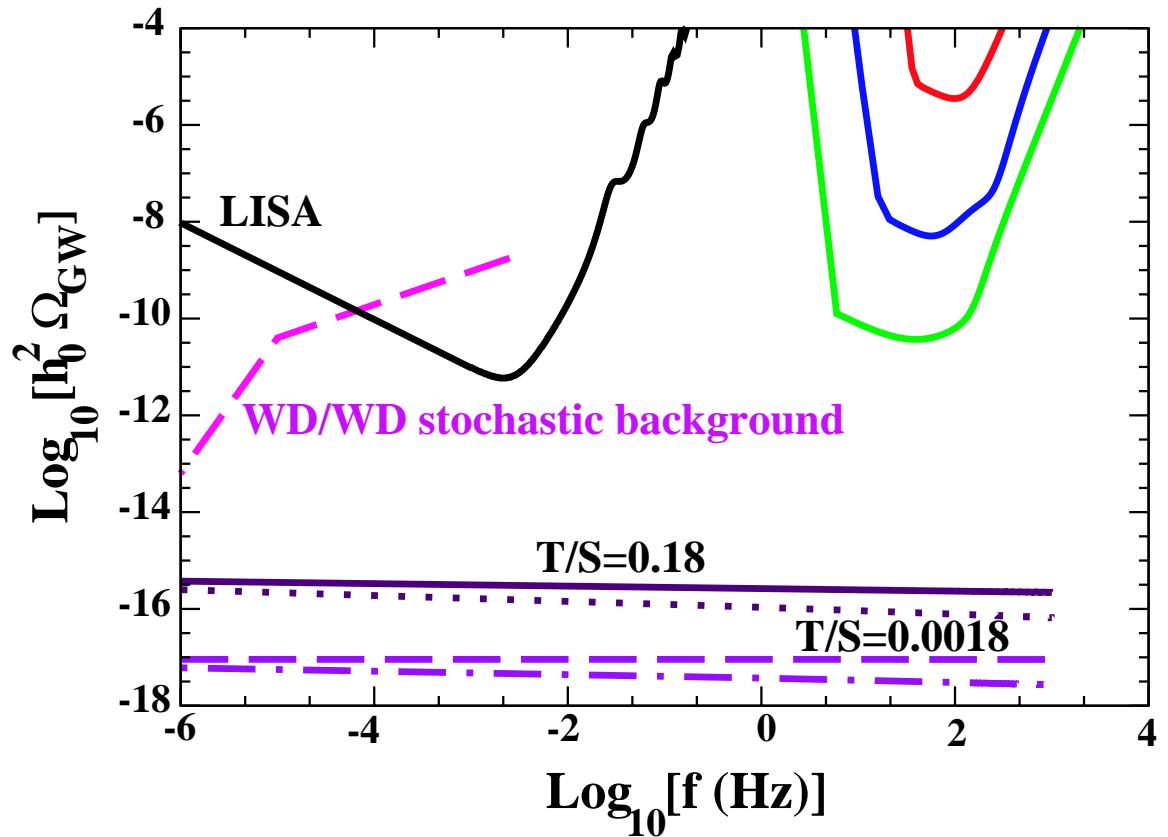
$$S \equiv \frac{5\langle |a_{2m}^S|^2 \rangle}{4\pi} \propto \frac{V_\bullet/M_{\text{Pl}}^4}{(M_{\text{Pl}} V'_\bullet/V_\bullet)^2}$$

$$T \equiv \frac{5\langle |a_{2m}^T|^2 \rangle}{4\pi} \propto \left(\frac{V_\bullet}{M_{\text{Pl}}^4} \right)$$

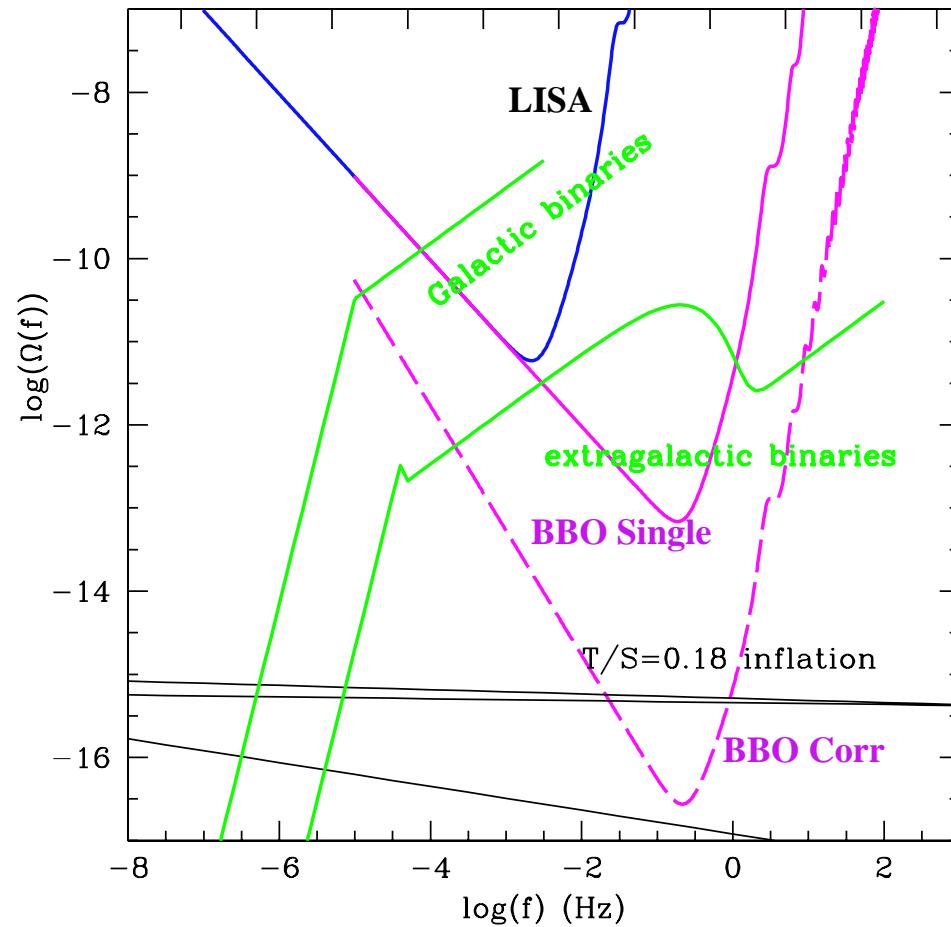
consistency relation:

$$n_T = -\frac{1}{7} \frac{T}{S}$$

$$\frac{dn_T}{d \log k} \sim -n_T \left(\frac{V'_\bullet}{V_\bullet} \right)'$$



Post-LISA mission?



GW spectrum in more generic (inflationary) background

$$\Gamma_{\text{eff}} \propto \int d^4x \sqrt{|g|} e^{-\phi} [\mathcal{R} + g_{\mu\nu} \partial_\mu \phi \partial_\nu \phi + \dots]$$

$$\psi_k'' + [k^2 - U(\eta)] \psi_k = 0 \quad U(\eta) = \frac{\tilde{a}''}{\tilde{a}}$$

\tilde{a} → pump field (e.g., $\tilde{a} = a e^{-\phi/2}$; depends on equation of state)

Two cosmological phases: $\tilde{a}_{\text{I}} \sim |\eta|^{\gamma_{\text{I}}}$ and $\tilde{a}_{\text{II}} \sim |\eta|^{\gamma_{\text{II}}}$

$$\psi_k(\eta) = \sqrt{|\eta|} C H_{\nu_{\text{I}}}^{(1)}(|k \eta|) \quad \text{with} \quad \nu_{\text{I}} = |\gamma_{\text{I}} - 1/2|$$

$$\psi_k(\eta) = \sqrt{|\eta|} [\alpha_k H_{\nu_{\text{II}}}^{(1)}(|k \eta|) + \beta_k H_{\nu_{\text{II}}}^{(2)}(|k \eta|)] \quad \text{with} \quad \nu_{\text{II}} = |\gamma_{\text{II}} - 1/2|$$

$$|\beta_f|^2 \sim f^{2\epsilon_T} \quad \text{with} \quad \epsilon_T = \epsilon_T(\gamma_{\text{I}}, \gamma_{\text{II}}) \quad \rightarrow \quad n_T = \frac{d \log \Omega_{\text{GW}}}{d \log f} = 4 + 2\epsilon_T$$

- The spectral slope of GW spectrum depends on the *kinematics*
- The GW spectrum amplitude (and special features as, e.g., oscillations) depends on *dynamics* and physical assumptions (initial state, reheating, entropy produced, ...)

Stochastic GW background from *non standard post–big-bang phases*

In some models the inflationary era is not followed immediately by the radiation era but rather by an expanding phase whose equation of state is stiffer than radiation

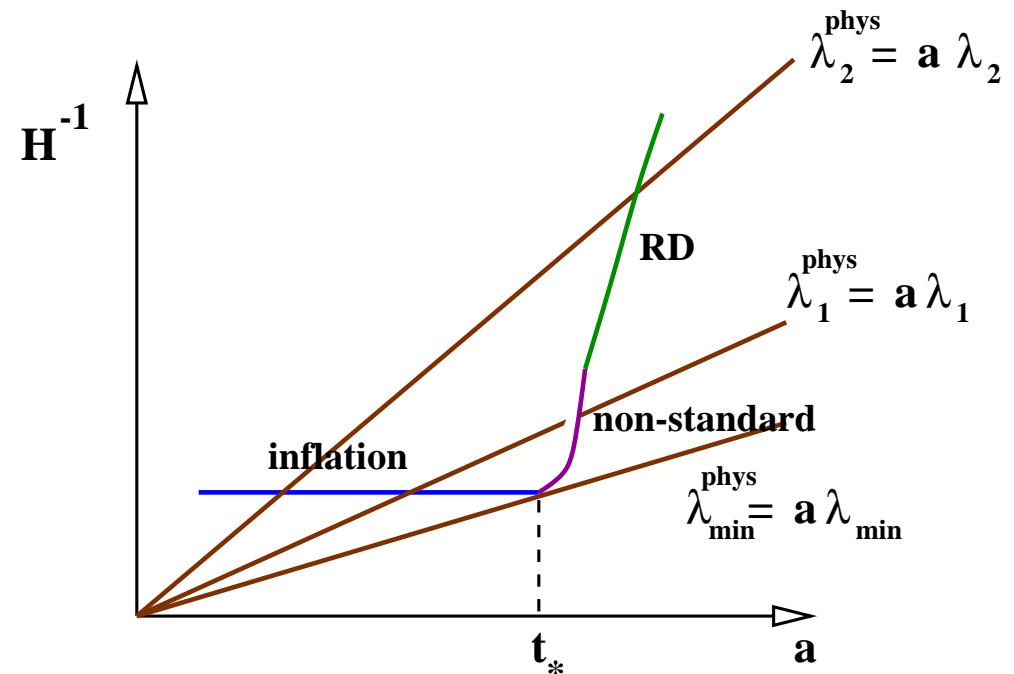
stiff era: $H^{-1} \propto a^3$

GW spectrum at high frequency can be blue

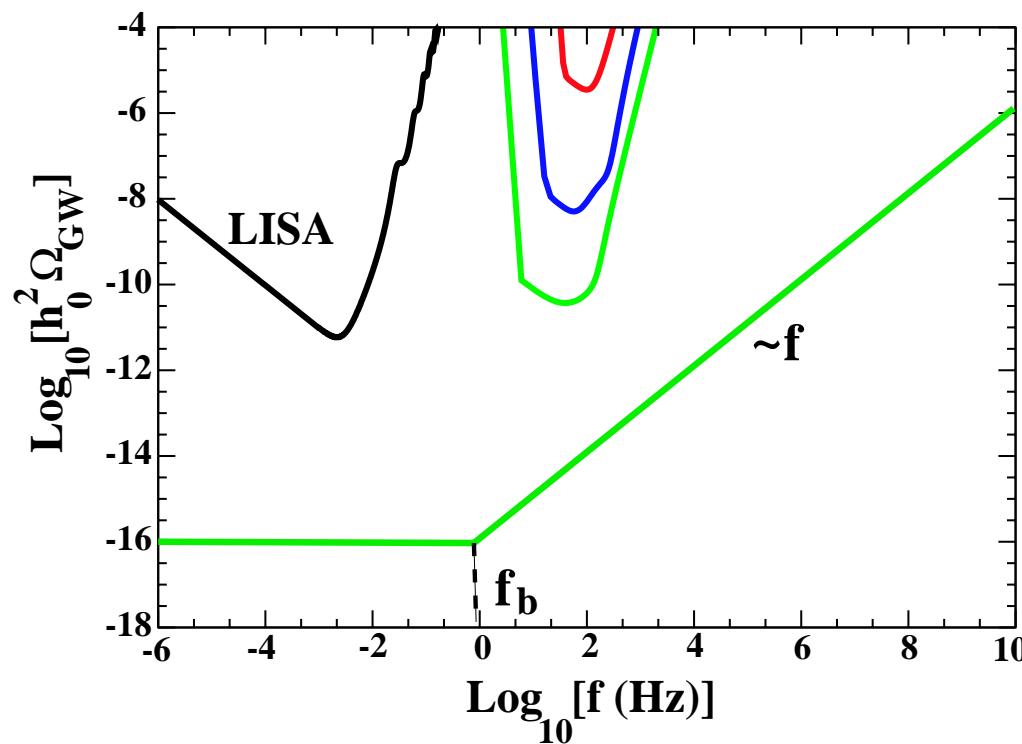
$$h_0^2 \Omega_{\text{GW}}(f) \sim f$$

$$\text{cutoff frequency } f_*^{\max} \sim H_*/2\pi$$

— Quintessential inflation



Example: quintessential inflation



Electromagnetic detectors in MHz or GHz region?

Stochastic GW background from string-theory– inspired models

In some string-inspired inflationary models or bounce Universe models, such as the pre-big bang the Hubble radius grows toward the would-be big bang singularity

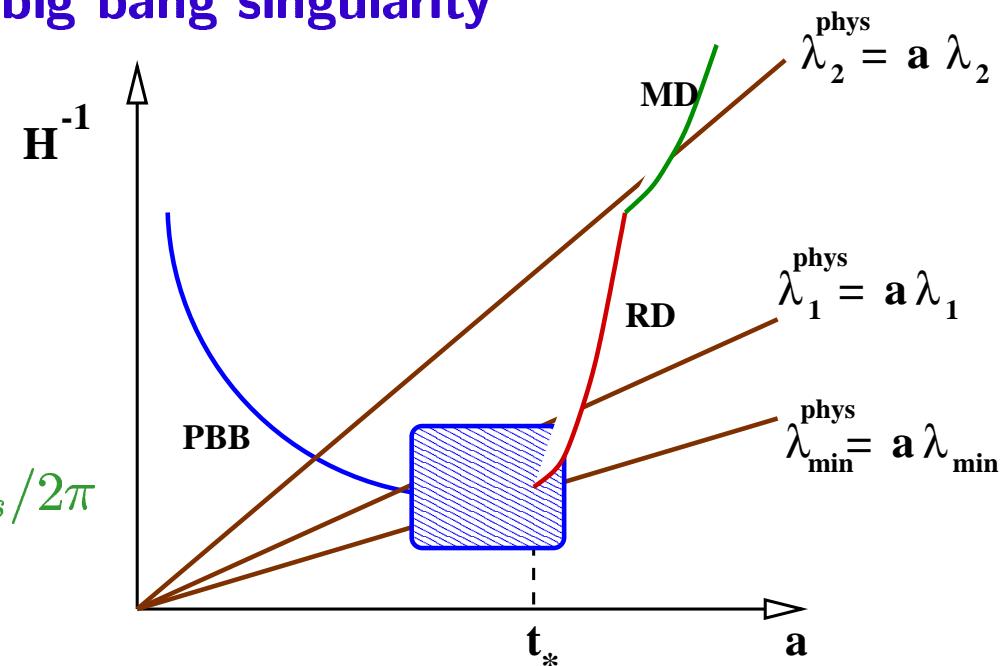
GW spectrum is blue at low frequency \Rightarrow no contribution to CMB

$$h_0^2 \Omega_{\text{GW}}(f) \sim f^n$$

$$\text{cutoff frequency } f_*^{\max} \sim H_*/2\pi \sim H_s/2\pi$$

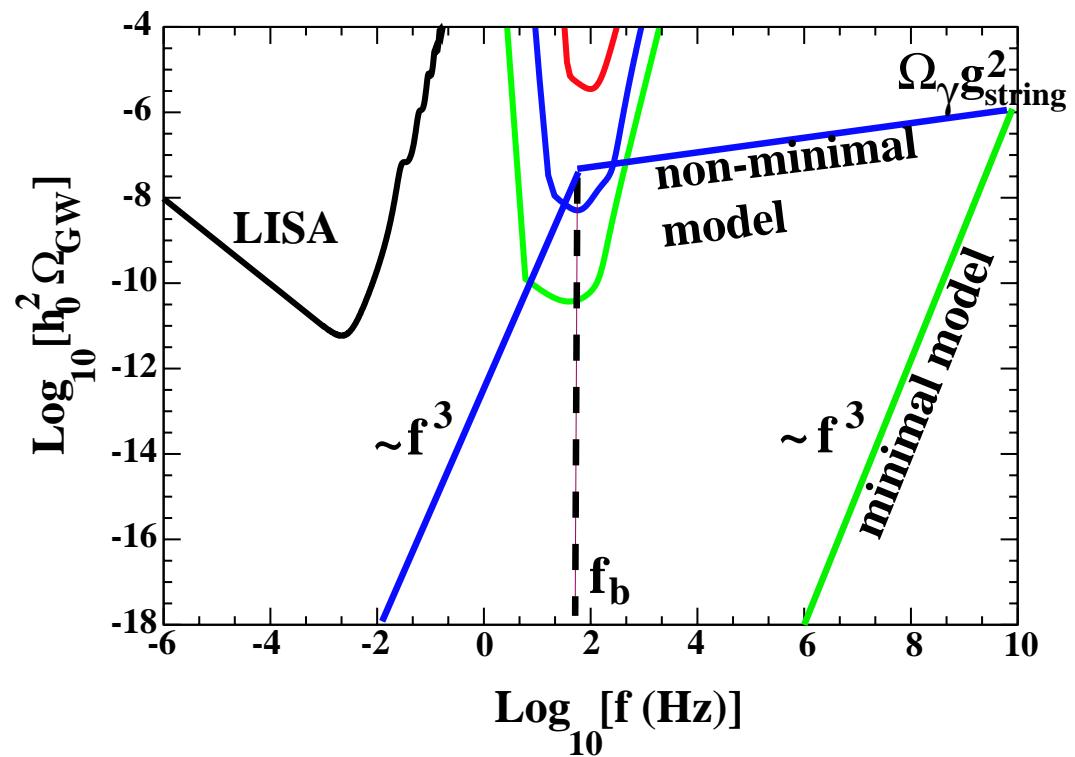
Warnings:

- Those models do not provide *reliable* description of transition from pre to post eras
- The observability of GW spectrum depends on details of the transition



Example: pre-big bang scenario

In non-minimal models the spectrum at high frequency can be red, flat or blue



Gravitational waves from first-order phase transitions

Via quantum tunnelling true vacuum bubbles nucleates

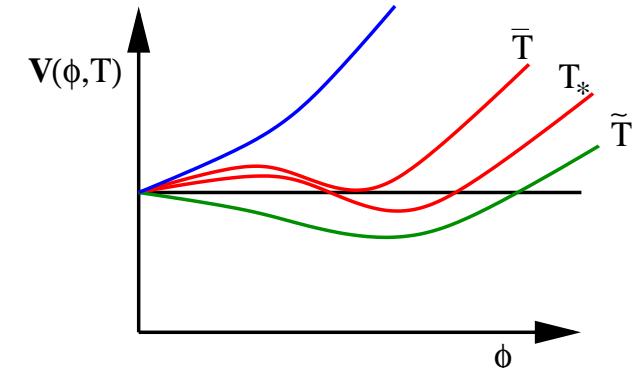
When bubbles collide \Rightarrow emission of gravitational waves

β \rightarrow bubble nucleation rate per unit volume

α \rightarrow jump in energy density experienced by order parameter

EW phase transition: $T_* \simeq 100$ GeV and $\beta/H_* \simeq 10^2-10^3$

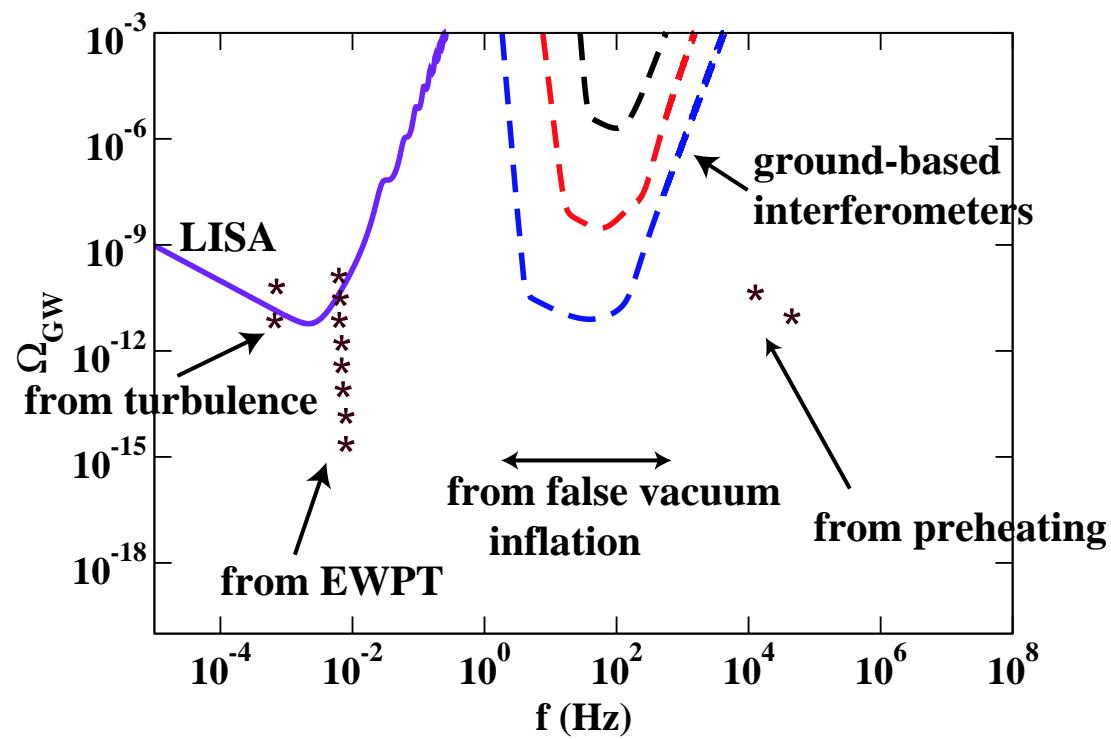
$\Rightarrow f_{\text{peak}} \simeq 10^{-8}(\beta/H_*)(T_*/1\text{GeV}) \simeq 10^{-4}-5 \times 10^{-3}$ Hz



Intensity of GW spectrum: $h_0^2 \Omega_{\text{GW}} \simeq 10^{-6} (H_*/\beta)^2 f(\alpha, v)$

- In SM there is *no* first-order EW phase transition for Higgs mass larger than M_w
- In MSSM, for certain values of Higgs mass, there are possibilities but $h_0^2 \Omega_{\text{GW}} \leq 10^{-16}$
- In NMSSM: $h_0^2 \Omega_{\text{GW}} \leq 10^{-15}-10^{-10}$ with $f_{\text{peak}} \simeq 10$ mHz

Probing the early Universe



Gravitational waves from cosmic strings

Topological defects formed at phase transitions

- Contribution of topological defects to structure formation < 10%
- Cosmic strings have large tension μ , they oscillate relativistically and emit GWs
- Small loops (smaller than Hubble radius) oscillate, emit GWs and disappear, but are replaced by small loops broken off very long loops (longer than Hubble radius)

$r \rightarrow$ characteristic loop's radius

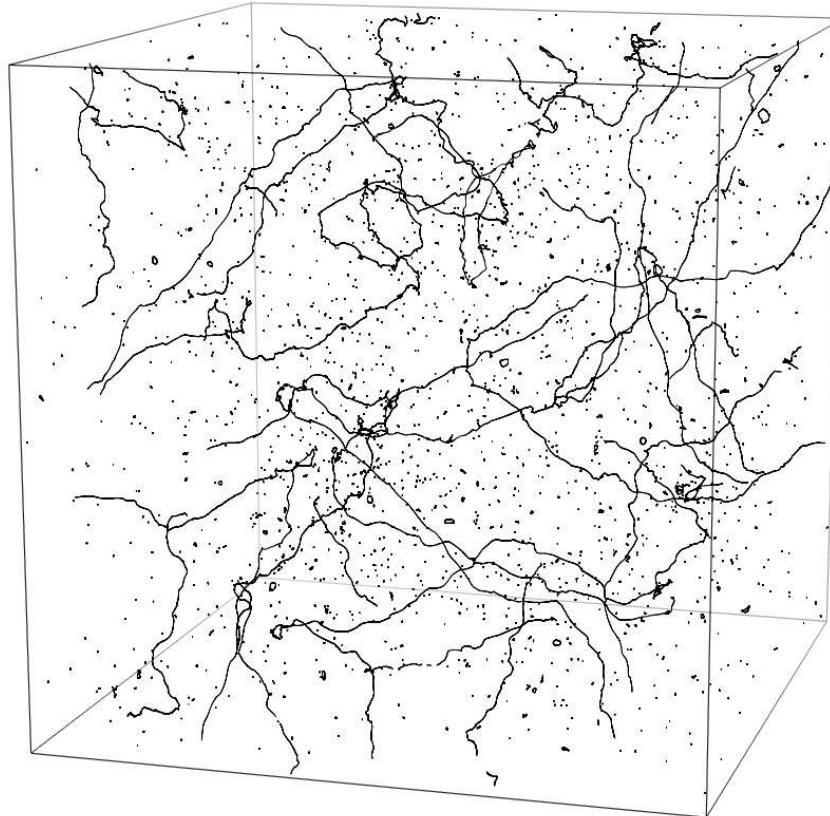
$\tau \rightarrow$ oscillation period ($\tau \sim r$)

Quadrupole moment $Q \sim \mu r^3$

Loop radiates with power: $dE/dt = P \sim G_N \ddot{Q}^2 \sim \Gamma G_N \mu^2$

$\Omega_{\text{GW}} \sim P/\rho_c < 10^{-9}\text{--}10^{-8}$ for cosmic strings with $G_N \mu < 10^{-7}$ and $\Gamma \sim 50$

Snapshot of a cosmic string network



GW spectrum from cosmic strings

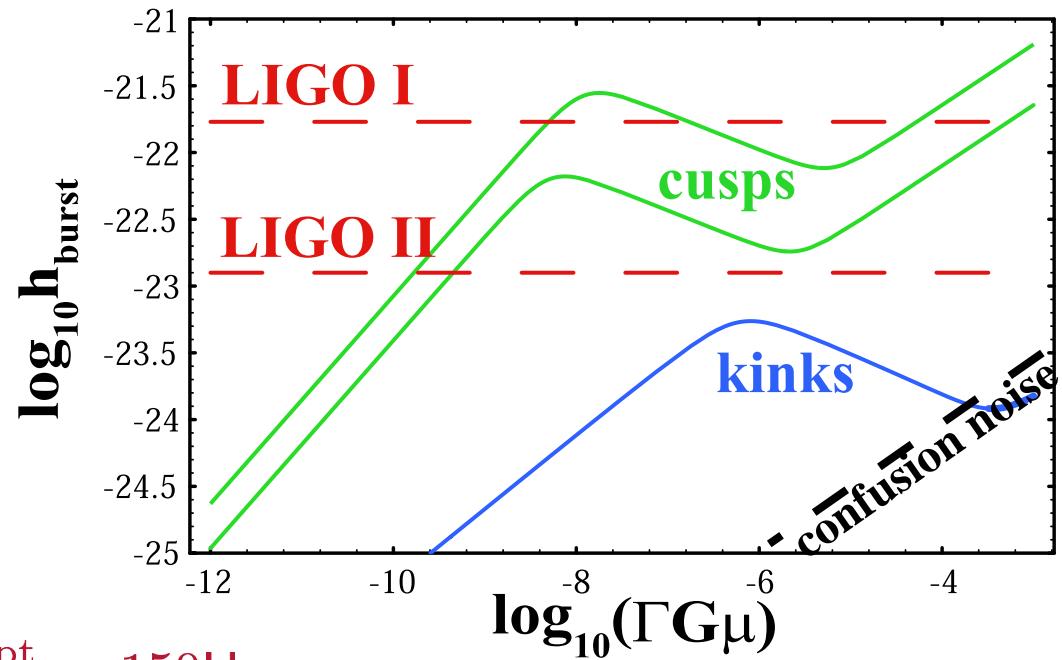
The stochastic ensemble of GWs from network of oscillating loops
is strongly non-Gaussian and include occasional, sharp GW bursts
emanating from cusps and kinks

Strongly non-Gaussian “burst” part
+ nearly Gaussian “background”

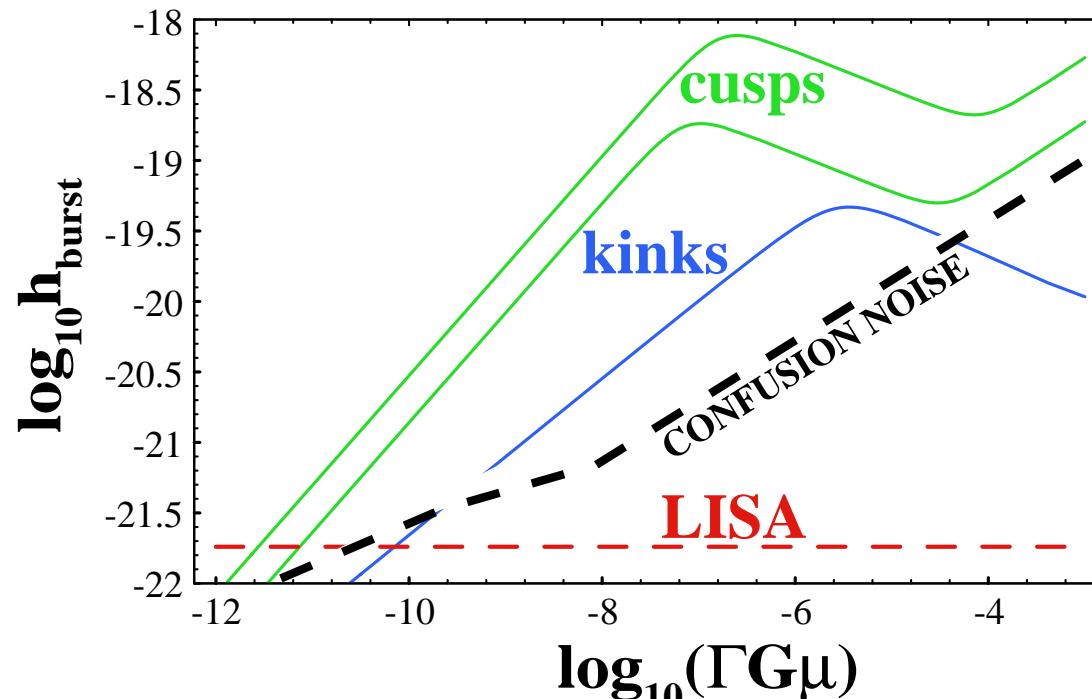
Individual bursts stand out above
the background

Signal detectable for a large range
of values of the string tension μ

$$f_{\text{GW}}^{\text{opt}} = 150 \text{Hz}$$



GW spectrum from cosmic strings for LISA



$$f_{\text{GW}}^{\text{opt}} = 3.9 \times 10^{-3} \text{ Hz}$$

Imprints of relic gravitational waves on CMB

$$S \equiv \frac{5\langle |a_{2m}^S|^2 \rangle}{4\pi} \propto \frac{V_\bullet/M_{\text{Pl}}^4}{(M_{\text{Pl}} V'_\bullet/V_\bullet)^2}$$

$$T \equiv \frac{5\langle |a_{2m}^T|^2 \rangle}{4\pi} \propto \left(\frac{V_\bullet}{M_{\text{Pl}}^4} \right)$$

- **Measuring polarization of CMB**

- Tensor fluctuations give different polarization patterns than scalar fluctuations
- Contamination due to weak-gravitational lensing of CMB along the line of sight
- Minimum detectable inflation-energy $V_\bullet^{1/4} > 10^{15} \text{ GeV}$ with $s = 1 \mu\text{K} \sqrt{\text{sec}}$

